

THE OBSERVABILITY INEQUALITIES FOR HEAT EQUATIONS WITH POTENTIALS

JIUYI ZHU^{1,*}  AND JINPING ZHUGE² 

Abstract. This paper is mainly concerned with the observability inequalities for heat equations with time-dependent Lipschitz potentials. The observability inequality for heat equations asserts that the total energy of a solution is bounded above by the energy localized in a subdomain with an observability constant. For a bounded measurable potential $V = V(x, t)$, the factor in the observability constant arising from the Carleman estimate is best known to be $\exp(C\|V\|_\infty^{2/3})$ (even for time-independent potentials). In this paper, we show that, for Lipschitz potentials, this factor can be replaced by $\exp(C(\|\nabla V\|_\infty^{1/2} + \|\partial_t V\|_\infty^{1/3}))$, which improves the previous bound $\exp(C\|V\|_\infty^{2/3})$ in some typical scenarios. As a consequence, with such a Lipschitz potential, we obtain a quantitative regular control in a null controllability problem. In addition, for the one-dimensional heat equation with some time-independent bounded measurable potential $V = V(x)$, we obtain the observability inequality with optimal constant on arbitrary measurable subsets of positive measure both in space and time.

Mathematics Subject Classification. 93B07, 93B05, 35Q93.

Received March 24, 2025. Accepted June 27, 2025.

1. INTRODUCTION

In this paper, we mainly study the observability inequality for the heat equation with a time-dependent potential $V(x, t)$,

$$\begin{cases} y_t - \Delta y + V(x, t)y = 0 & \text{in } Q_T := \Omega \times (0, T), \\ y = 0 & \text{on } \Sigma_T := \partial\Omega \times (0, T), \\ y(\cdot, 0) = y_0 & \text{on } \Omega, \end{cases} \quad (1.1)$$

where $\Omega \subset \mathbb{R}^n$ is an open bounded smooth domain and n is the dimension. We denote by $\|\cdot\|_\infty$ or $\|\cdot\|_{L^\infty}$ the norm of $L^\infty(Q_T)$. Throughout this paper, we will consider the potential V with a large norm (say, $\|V\|_\infty \geq 10$). Let $\omega \subset \mathbb{R}^n$ be a nonempty open set in Ω . For $V(x, t) \in L^\infty(Q_T)$, it was shown in [1] that the solution y of (1.1)

Keywords and phrases: Null controllability, observability inequality, Carleman estimates.

¹ Department of Mathematics Louisiana State University Baton Rouge, LA 70803, USA.

² Morningside Center of Mathematics the Academy of Mathematics and Systems Science Chinese Academy of Sciences Beijing, PR China.

* Corresponding author: zhu@math.lsu.edu

satisfies the observability inequality

$$\|y(x, T)\|_{L^2(\Omega)} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|_\infty^{2/3}))\|y\|_{L^2(\omega \times (0, T))}, \quad (1.2)$$

where $C = C(\Omega, \omega)$ depends on Ω and ω but independent of T and V . The observability inequality (1.2) plays an important role in the control problem for linear and nonlinear equations; see *e.g.*, [1, 2].

Let us examine the components in the observability constant in (1.2),

$$\exp(C(1 + T^{-1})) \exp(CT\|V\|_\infty) \exp(C\|V\|_\infty^{2/3}).$$

The first two factors of the above constant seem necessary in the observability inequalities. In the absence of the potential, *i.e.*, $V(x, t) = 0$, the observability constant is simply $\exp(C(1 + T^{-1}))$. This growth for small T seems to be optimal, which roots in the heat kernel; see *e.g.*, [3]. For nontrivial potentials, the factor $\exp(CT\|V\|_\infty)$ in the observability constant comes from the dissipativity of energy in time for heat equations; see *e.g.*, Lemma 2.1. The time-independent factor $\exp(C\|V\|_\infty^{2/3})$ appears to be the most interesting one, arising from the Carleman estimates. We will focus on the study of this factor in the observability inequality (1.2). For $\|V\|_\infty^{-2/3} \lesssim T \lesssim \|V\|_\infty^{-1/3}$, the factor $\exp(C\|V\|_\infty^{2/3})$ in the observability inequality (1.2) plays the predominant role. It was shown in [4] that the growth rate $\exp(C\|V\|_\infty^{2/3})$ is sharp within $T \lesssim \|V\|_\infty^{-1/3}$ for parabolic systems in even spacial dimensions for complex-valued potentials $V(x, t)$. This is based on Meshkov's counter-example in [5], which violates the original Landis' conjecture [6] on the optimal decay at infinity for the solution of elliptic equation,

$$\Delta u + a(x)u = 0 \quad \text{in } \mathbb{R}^n, \quad (1.3)$$

with a bounded complex-valued potential $a(x)$. In particular, Meshkov showed that there exists a nontrivial complex-valued solution of (1.3) in $\mathbb{R}^2$ satisfying $|u(x)| \leq \exp(-c|x|^{4/3})$. On the contrary, Meshkov also showed that if a solution of (1.3) satisfies $|u(x)| \leq C_\tau \exp(-\tau|x|^{4/3})$ for all $\tau > 0$, then $u \equiv 0$. Nevertheless, the general Landis' conjecture remains open for bounded real-valued potentials, which asserts a solution of (1.3) must be trivial if it decays faster than $\exp(-|x|^{1+\varepsilon})$ for some $\varepsilon > 0$. Recently, Landis' conjecture was settled in [7] for $n = 2$. See also the progress for the conjecture for nonnegative potential $V(x)$ in [8].

Analogous to the Landis' conjecture for (1.3), it is an interesting open problem as asked in [4] that if one can replace $\exp(C\|V\|_\infty^{2/3})$ by the optimal constant $\exp(C\|V\|_\infty^{1/2})$ in (1.2) for the scalar heat equations. This optimal constant is also crucial for a long-standing conjecture on the null controllability of nonlinear heat equations; see *e.g.*, [4] and references therein. In this paper, we aim to improve the factor $\exp(C\|V\|_\infty^{2/3})$ in the observability constant in some scenarios for Lipschitz potentials. Our main result is the following theorem.

Theorem 1.1. *Let $V(x, t)$ be Lipschitz continuous in Q_T and y the solution of (1.1). Then there exists a constant $C = C(\Omega, \omega)$ such that*

$$\|y(\cdot, T)\|_{L^2(\Omega)} \leq \exp\{C(1 + T^{-1} + T\|V\|_\infty + \|\nabla V\|_\infty^{1/2} + \|\partial_t V\|_\infty^{1/3})\}\|y\|_{L^2(\omega \times (0, T))}. \quad (1.4)$$

Actually the observability constant in the inequality (1.4) is shown to be

$$\exp\{C(1 + T^{-1} + T\|V\|_\infty + \|V\|_\infty^{1/2} + \|\nabla V\|_\infty^{1/2} + \|\partial_t V\|_\infty^{1/3})\}.$$

We have skipped the term $\|V\|_\infty^{1/2}$ in (1.4) due to the fact $2\|V\|_\infty^{1/2} \leq T^{-1} + T\|V\|_\infty$. It is easy to see the observability constant (1.4) is better than the one in (1.2) in some cases. Typically, if $V(x, t) \equiv \lambda$ is some large constant, the observability inequality (1.4) is obviously sharper than (1.2), since $|\nabla V| = \partial_t V = 0$. If we consider a time-dependent potential $V(x, t) = V_0(x)(1+t)^\beta$ for some $\beta > 0$ and some Lipschitz potential V_0 with $\|V\|_\infty \simeq \|\nabla V\|_\infty$, then $\|\nabla V\|_\infty^{1/2} + \|\partial_t V\|_\infty^{1/3}$ is much smaller than $\|V\|_\infty^{2/3}$ for large T . We will apply Carleman

estimates for the proof of Theorem 1.1. Different from the arguments in [1, 9], we will obtain quantitative Carleman estimates which take the Lipschitz norm of $V(x, t)$ into account and aim to find a sharp lower bound of the Carleman parameter τ . See Lemma 3.2 for the details.

Remark 1.2. The observability inequality (1.4) shares the similar spirit with the doubling inequality for elliptic equation $\Delta u + a(x)u = 0$ on smooth compact manifolds $\mathcal{M}$. For Lipschitz potentials, it has been shown that the doubling inequality holds

$$\|u\|_{L^2(\mathbb{B}_{2r}(x))} \leq \exp(C(1 + \|a\|_\infty^{1/2} + \|\nabla a\|_\infty^{1/2}))\|u\|_{L^2(\mathbb{B}_r(x))} \quad (1.5)$$

for all geodesic balls $\mathbb{B}_{2r}(x) \subset \mathcal{M}$; see *e.g.*, [10, 11]. For bounded measurable potentials, the best known doubling inequality for $n \geq 3$ [12] is

$$\|u\|_{L^2(\mathbb{B}_{2r}(x))} \leq \exp(C(1 + \|a\|_\infty^{2/3}))\|u\|_{L^2(\mathbb{B}_r(x))}. \quad (1.6)$$

Except for $n = 2$ (see [7, 8]), it is open that if the exponent $2/3$ can be improved to $1/2$ in (1.6). Note that (1.6) and (1.5) can be compared to (1.2) and (1.4), respectively. We also mention that for the optimal constants in the three-cylinder inequalities of parabolic equations, the regularity of potential functions has been seen to play a role; see *e.g.*, [13, 14].

Remark 1.3. The Lipschitz assumption on V can be relaxed to bounded measurable potentials by using the idea of [15]. Precisely, suppose that we can decompose $V = V_1 + V_2$, where V_1 is a Lipschitz component and V_2 is a bounded measurable component. Then with suitable modifications to our proof, we can obtain an observability constant as

$$\exp\{C(1 + T^{-1} + T\|V\|_\infty + \|\nabla V_1\|_\infty^{1/2} + \|\partial_t V_1\|_\infty^{1/3} + \|V_2\|_\infty^{2/3})\}. \quad (1.7)$$

This constant could improve the one in (1.2) in some cases of bounded measurable potentials, such as a regular principle part V_1 perturbed by a rough small V_2 .

The observability inequality as (1.2) plays a key role in the null controllability problem,

$$\begin{cases} y_t - \Delta y + V(x, t)y = h\mathbb{1}_\omega & \text{in } Q_T, \\ y = 0 & \text{on } \Sigma_T, \\ y(\cdot, 0) = y_0 & \text{on } \Omega. \end{cases} \quad (1.8)$$

Here $\mathbb{1}_\omega$ is the characteristic function of ω , and T is any given positive time. Assume that the initial state $y_0 \in L^2(\Omega)$. We aim to find a control $h \in L^2(\omega \times (0, T))$ such that the associated state y possesses a desired behavior at time $t = T$. We say (1.8) is null controllable at a given time T or the null controllability holds for (1.8), if the associated state y satisfies

$$y(\cdot, T) = 0 \quad \text{in } \Omega. \quad (1.9)$$

The null controllability for linear heat equations has been well studied; see *e.g.*, the surveys [9, 16, 17]. Since we have obtained a new observability inequality for the heat equations with a Lipschitz potential, it is natural to ask for a more regular control function h for the null controllability problem (1.8) such that the trajectory $y(x, t)$ is a classical solution and the control cost is bounded by the observability constant in (1.4). Precisely, we have the following theorem.

Theorem 1.4. *Let Ω be a bounded domain of class C^3 . For every $T > 0$, there exists $h \in C^{\alpha, \frac{\alpha}{2}}(\omega \times (0, T))$ with any $\alpha \in (0, 1)$ such that the equation (1.8) is null controllable at time T . Furthermore,*

$$\|h\|_{C^{\alpha, \alpha/2}(\omega \times (0, T))} \leq \exp\{C(1 + T^{-1} + T\|V\|_{\infty} + \|\nabla V\|_{\infty}^{1/2} + \|\partial_t V\|_{\infty}^{1/3})\}\|y_0\|_{L^2(\Omega)}, \quad (1.10)$$

where C depends only on Ω, ω and α .

Next, we consider the particular case $n = 1$ with a time-independent bounded measurable potential $V = V(x)$. For the one-dimensional wave equation with a bounded measurable potential, the optimal factor $\exp(C\|V\|_{\infty}^{1/2})$ has been obtained in [18], using the sidewise energy estimate of wave equations. A note (with no proof) in [4] indicates that the optimal constant $\exp(C\|V\|_{\infty}^{1/2})$ can be reached as well for the one-dimensional heat equations, using some well-known transformation from wave into heat processes. Inspired by the recent progress on the Landis' conjecture for (1.3) and the deep interplay between (1.1) and (1.3), we will establish the optimal observability inequality for the one-dimensional heat equation, without referring to the wave equations. Furthermore, the observability inequalities will be obtained on arbitrary measurable sets of positive measure both in space and time, which seems not possible in the previous literature. Precisely, consider the following heat equation

$$\begin{cases} y_t - \partial_{xx}y + V(x)y = 0 & \text{in } \Omega \times (0, T), \\ y = 0 & \text{on } \partial\Omega \times (0, T), \\ y(\cdot, 0) = y_0 & \text{on } \Omega. \end{cases} \quad (1.11)$$

where $\Omega = (0, \frac{1}{2})$ and $V \in L^{\infty}(\Omega)$ is a real-valued function. We will show a spectral inequality for (1.11) over measurable sets of positive measure in space and then adopt the strategy in [19] for measurable sets of positive measure in time. The observation region therefore is restricted over the product of a subset of positive measure in time and a subset of positive measure in space. We will adapt the ideas in [8] for the answer of Landis' conjecture with nonnegative potentials and reduce the general sign-changing potentials to nonnegative potentials for heat equations. In the following theorem, we assume $\|V\|_{\infty} \geq 10$ and an obvious modification is needed if $\|V\|_{\infty} < 10$.

Theorem 1.5. *Let $E \subset (0, T)$ be a measurable set of positive measure and ω be a measurable subset of positive measure in Ω . If $V \in L^{\infty}(\Omega)$, then any solution $y(x, t)$ of (1.11) satisfies*

$$\|y(\cdot, T)\|_{L^2(\Omega)} \leq \exp(C(E, \Omega, \omega) + T\|V_-\|_{\infty} + C(\Omega, \omega)\|V\|_{\infty}^{1/2})\|y\|_{L^2(\omega \times E)}, \quad (1.12)$$

where $V_- = \min\{V, 0\}$ (the negative part of V), $C(E, \Omega, \omega)$ depends on E, Ω and ω , and $C(\Omega, \omega)$ depends on Ω and ω .

In particular, if $E = (0, T)$, we have the following corollary.

Corollary 1.6. *Let ω be a measurable subset of positive measure in Ω and $V \in L^{\infty}(\Omega)$. Then any solution $y(x, t)$ of (1.11) satisfies*

$$\|y(\cdot, T)\|_{L^2(\Omega)} \leq \exp(C(T^{-1} + T\|V_-\|_{\infty} + \|V\|_{\infty}^{1/2}))\|y\|_{L^2(\omega \times (0, T))}, \quad (1.13)$$

where C depends on Ω and ω .

The organization of the paper is as follows. In Section 2, we present some preliminary knowledge on heat equations. In Section 3, we show the quantitative global Carleman estimate and the corresponding observability inequality in Theorem 1.1. In Section 4, we derive the null controllability for linear heat equations and obtain the existence of a regular control function, including the proof of Theorem 1.4. In Section 5, we obtain the observability inequality for the one-dimensional heat equation, including the proofs of Theorem 1.5 and

Corollary 1.6. The Appendix includes some useful regularity estimates for heat equations, needed for obtaining the regularity estimates of control functions. Throughout the paper, the letters C , c or C_i denote positive constants that do not depend on V or the solution y , and may vary from line to line.

2. PRELIMINARIES

In this section, we present some basic knowledge on the well-posedness and energy estimates of solutions of parabolic equations. Let $S_T = L^2(0, T; H_0^1(\Omega)) \cap H^1(0, T; H^{-1}(\Omega))$ and

$$\|y\|_{S_T}^2 := \int_0^T (\|y(\cdot, t)\|_{H^1(\Omega)}^2 + \|y_t(\cdot, t)\|_{H^{-1}(\Omega)}^2) dt. \quad (2.1)$$

The following embedding is well-known

$$S_T \hookrightarrow C(0, T; L^2(\Omega)). \quad (2.2)$$

Consider the inhomogeneous heat equation,

$$\begin{cases} y_t - \Delta y + V(x, t)y = F & \text{in } Q_T, \\ y = 0 & \text{on } \Sigma_T, \\ y(\cdot, 0) = y_0 & \text{on } \Omega. \end{cases} \quad (2.3)$$

The following well-posedness and energy estimate are classical (see [20] for a proof). Let $V_- = \min\{V, 0\}$.

Lemma 2.1. *Let $V(x, t) \in L^\infty(Q_T)$, $F \in L^2(Q_T)$ and $y_0 \in L^2(\Omega)$. The Cauchy problem (2.3) admits a unique weak solution $y \in S_T$. Furthermore, there exists $C(\Omega)$ such that*

$$\int_0^T \|y(\cdot, t)\|_{H^1(\Omega)}^2 dt + \max_{0 \leq t \leq T} \|y(\cdot, t)\|_{L^2(\Omega)}^2 \leq Ce^{CT\|V_-\|_\infty} (\|y_0\|_{L^2(\Omega)}^2 + \|F\|_{L^2(Q_T)}^2). \quad (2.4)$$

Next, we consider the adjoint heat equation for (1.1), which is given as

$$\begin{cases} -q_t - \Delta q + V(x, t)q = 0 & \text{in } Q_T, \\ q = 0 & \text{on } \Sigma_T, \\ q(\cdot, T) = q_T & \text{on } \Omega. \end{cases} \quad (2.5)$$

The adjoint heat equation (2.5) with a bounded potential has the following dissipativity in time of energy.

Lemma 2.2. *Let $V(x, t) \in L^\infty(Q_T)$ and q a solution of (2.5). Then there exists $C > 0$ such that for any $0 < t_1 \leq t_2 \leq T$,*

$$\|q(\cdot, t_1)\|_{L^2(\Omega)} \leq Ce^{C(t_2-t_1)\|V_-\|_\infty} \|q(\cdot, t_2)\|_{L^2(\Omega)}. \quad (2.6)$$

The proof of the Lemma 2.2 is standard. Multiplying (2.5) by q and integrating by parts over Ω lead to

$$-\frac{1}{2}\partial_t \int_\Omega q^2(\cdot, t) + \int_\Omega |\nabla q(\cdot, t)|^2 + \int_\Omega V(\cdot, t)q^2(\cdot, t) = 0.$$

Thus,

$$\partial_t \|q(\cdot, t)\|_{L^2(\Omega)}^2 + 2\|V_-(\cdot, t)\|_{L^\infty(\Omega)} \|q(\cdot, t)\|_{L^2(\Omega)}^2 \geq 0.$$

An application of the Gronwall's inequality concludes the proof.

3. THE QUANTITATIVE GLOBAL CARLEMAN ESTIMATE

We define a function space $Z = \{a(x, t) \in L^\infty(0, T; W^{1,\infty}(\Omega)) | a_t \in L^\infty(0, T; L^\infty(\Omega))\}$. We show a quantitative Carleman estimate that takes the regularity of $V(x, t) \in Z$ into consideration. Especially, the Carleman estimate is quantitative in the sense that the lower bound of Carleman parameter τ depends explicitly on certain norms of V . See Lemma 3.2 below for the statement.

The following lemma is standard, see [9].

Lemma 3.1. *Let $\Omega' \Subset \Omega$ be a nonempty open subset. Then there exists $\xi(x) \in C^2(\overline{\Omega})$ such that $\xi(x)$ is positive in Ω and vanishes on $\partial\Omega$. Moreover, $|\nabla \xi| > 0$ in $\Omega \setminus \Omega'$.*

Let $\Omega' \Subset \omega \Subset \Omega$. We introduce the following weight functions:

$$\beta(x, t) = \frac{e^{2\lambda s \|\xi\|_{L^\infty}} - e^{\lambda(s \|\xi\|_{L^\infty} + \xi(x))}}{t(T-t)}, \quad (3.1)$$

and

$$\eta(x, t) = \frac{e^{\lambda(s \|\xi\|_{L^\infty} + \xi(x))}}{t(T-t)} \quad (3.2)$$

for some large positive constants s and λ .

The main Carleman estimate is stated as follows.

Lemma 3.2. *There exist positive constants λ_0 ,*

$$\tau_0 = C(T + T^2 + T^2 \|V\|_\infty^{1/2} + T^2 \|\nabla V\|_\infty^{1/2} + T^2 \|\partial_t V\|_\infty^{1/3})$$

and $C_1 = C_1(\Omega, \omega)$ such that, for all $\lambda \geq \lambda_0$, $\tau \geq \tau_0$, we have

$$\begin{aligned} C_1 \iint_{Q_T} e^{-2\tau\beta} |w_t + \Delta w + V(x, t)w|^2 dx dt &+ C_1 \tau^3 \lambda^4 \iint_{\omega \times (0, T)} e^{-2\tau\beta} \eta^3 w^2 dx dt \\ &\geq \tau^3 \lambda^4 \iint_{Q_T} e^{-2\tau\beta} \eta^3 w^2 dx dt + \tau \lambda^2 \iint_{Q_T} e^{-2\tau\beta} \eta |\nabla w|^2 dx dt \\ &+ \tau^{-1} \iint_{Q_T} e^{-2\tau\beta} \eta^{-1} (|\Delta w|^2 + |\partial_t w|^2) dx dt \end{aligned} \quad (3.3)$$

for all $w \in C^2(\overline{\Omega})$ with $w = 0$ on Σ_T .

Proof. The proof is adapted from [9] by Fursikov and Imanuvilov. The new idea is to take advantage of the regular potential $V(x, t) \in Z$ in the Carleman estimate to find the better lower bound of the Carleman parameter τ in terms of the norms of $V(x, t)$.

To begin with, we introduce the conjugate operator $\varphi = e^{-\tau\beta} w$. Let

$$f = (\partial_t + \Delta + V)w. \quad (3.4)$$

Then

$$e^{-\tau\beta}(\partial_t + \Delta + V)(e^{\tau\beta}\varphi) = e^{-\tau\beta}f. \quad (3.5)$$

Using the observations

$$\nabla\beta = -\nabla\eta = -\lambda\eta\nabla\xi, \quad \text{and} \quad \Delta\beta = -\lambda^2\eta|\nabla\xi|^2 - \lambda\eta\Delta\xi, \quad (3.6)$$

we can simplify the equation (3.5) to

$$A\varphi + B\varphi = F_{\tau,\lambda}, \quad (3.7)$$

where

$$A\varphi = -2\tau\lambda^2\eta\varphi|\nabla\xi|^2 - 2\tau\lambda\eta\nabla\xi \cdot \nabla\varphi + \partial_t\varphi, \quad (3.8)$$

$$B\varphi = \tau^2\lambda^2\eta^2\varphi|\nabla\xi|^2 + \Delta\varphi + \tau\varphi\partial_t\beta + V(t, x)\varphi, \quad (3.9)$$

and

$$F_{\tau,\lambda} = e^{-\tau\beta}f - \tau\lambda^2\eta\varphi|\nabla\xi|^2 + \lambda\tau\eta\varphi\Delta\xi.$$

Let us denote each term in $A\varphi$ and $B\varphi$ in order as $A_i\varphi$ and $B_j\varphi$. Hence

$$A\varphi = A_1\varphi + A_2\varphi + A_3\varphi,$$

$$B\varphi = B_1\varphi + B_2\varphi + B_3\varphi + B_4\varphi.$$

We compute the L^2 norm for the terms in the equation (3.7) to get

$$\|A\varphi\|^2 + \|B\varphi\|^2 + 2\langle A\varphi, B\varphi \rangle = \|F_{\tau,\lambda}\|^2. \quad (3.10)$$

Note that

$$\langle A\varphi, B\varphi \rangle = \sum_{j=1}^4 \sum_{i=1}^3 \langle A_i\varphi, B_j\varphi \rangle.$$

To obtain an inequality from (3.10), we need to compute the inner product $\langle A\varphi, B\varphi \rangle$. There are 12 terms in the inner product $\langle A\varphi, B\varphi \rangle$. Many efforts below are devoted to estimating these 12 terms.

We start with the terms in $\langle A\varphi, B_1\varphi \rangle$. First, note that

$$\langle A_1\varphi, B_1\varphi \rangle = -2\tau^3\lambda^4 \iint_{Q_T} \eta^3 |\nabla\xi|^4 \varphi^2 \, dx dt =: N_1. \quad (3.11)$$

Next, performing the integration by parts leads to

$$\begin{aligned}
\langle A_2\varphi, B_1\varphi \rangle &= -\tau^3\lambda^3 \iint_{Q_T} \eta^3 \nabla \xi \cdot \nabla \varphi^2 |\nabla \xi|^2 \\
&= 3\tau^3\lambda^4 \iint_{Q_T} \eta^3 |\nabla \xi|^4 \varphi^2 + \tau^3\lambda^3 \iint_{Q_T} \eta^3 \Delta \xi |\nabla \xi|^2 \varphi^2 \\
&\quad + 2\tau^3\lambda^3 \iint_{Q_T} \eta^3 D_j \xi D_{ij} \xi D_i \xi \varphi^2 \\
&= M_1 + M_2 + M_3,
\end{aligned} \tag{3.12}$$

where M_i represents the terms in the second equality and the summations over i and j are understood in the context of Einstein notations. Since $\|\xi\|_{C^2(\Omega)} \leq C$, the sum of M_2 and M_3 can be bounded as

$$|M_2 + M_3| \leq C\tau^3\lambda^3 \iint_{Q_T} \eta^3 \varphi^2. \tag{3.13}$$

Now, we combine M_1 with N_1 to obtain

$$\begin{aligned}
N_1 + M_1 &= \tau^3\lambda^4 \iint_{Q_T} \eta^3 |\nabla \xi|^4 \varphi^2 \\
&= \tau^3\lambda^4 \iint_{Q_T \setminus \Omega' \times (0, T)} \eta^3 |\nabla \xi|^4 \varphi^2 + \tau^3\lambda^4 \iint_{\Omega' \times (0, T)} \eta^3 |\nabla \xi|^4 \varphi^2 \\
&\geq c\tau^3\lambda^4 \iint_{Q_T} \eta^3 \varphi^2 - C\tau^3\lambda^4 \iint_{\Omega' \times (0, T)} \eta^3 \varphi^2,
\end{aligned} \tag{3.14}$$

where we have used the property of ξ in Lemma 3.1 in the last inequality.

We consider $\langle A_3\varphi, B_1\varphi \rangle$. A direct calculation shows that

$$\begin{aligned}
\langle A_3\varphi, B_1\varphi \rangle &= \frac{1}{2}\tau^2\lambda^2 \iint_{Q_T} \eta^2 |\nabla \xi|^2 \partial_t \varphi^2 \\
&= -\tau^2\lambda^2 \iint_{Q_T} \partial_t \eta \eta |\nabla \xi|^2 \varphi^2,
\end{aligned}$$

where we used the fact $\eta\varphi \rightarrow 0$ as $t \rightarrow 0$ or $t \rightarrow T$. To see this fact, note that $\varphi = e^{-\tau\beta}w$, and both β and η behave like t^{-1} as $t \rightarrow 0$ and $(T-t)^{-1}$ as $t \rightarrow T$. Thus the exponential decay φ is much stronger than the polynomial growth of η when $t \rightarrow 0$ or T , which leads to the above fact. Now, by

$$|\partial_t \eta| = \left| \frac{(T-2t)e^{\lambda(s\|\xi\|_{L^\infty} + \xi)}}{(t(T-t))^2} \right| \leq T\eta^2,$$

we have

$$|\langle A_3\varphi, B_1\varphi \rangle| \leq C\tau^2\lambda^2 T \iint_{Q_T} \eta^3 |\nabla \xi|^2 \varphi^2. \tag{3.15}$$

Combining (3.11) through (3.15) and by assuming that λ is a large constant and $\tau > CT$, we have

$$\langle A\varphi, B_1\varphi \rangle \geq C\tau^3\lambda^4 \iint_{Q_T} \eta^3\varphi^2 - C\tau^3\lambda^4 \iint_{\Omega' \times (0,T)} \eta^3\varphi^2. \quad (3.16)$$

Next, let us consider the terms in the inner product $\langle A\varphi, B_2\varphi \rangle$. Performing the integration by parts shows that

$$\begin{aligned} \langle A_1\varphi, B_2\varphi \rangle &= 2\tau\lambda^2 \iint_{Q_T} \eta|\nabla\xi|^2|\nabla\varphi|^2 + 2\tau\lambda^3 \iint_{Q_T} \eta|\nabla\xi|^2\nabla\xi \cdot \nabla\varphi\varphi \\ &\quad + 4\tau\lambda^2 \iint_{Q_T} \eta D_i\xi D_{ij}\xi D_j\varphi\varphi \\ &= R_1 + R_2 + R_3. \end{aligned} \quad (3.17)$$

We will keep R_1 and estimate R_2 and R_3 . The Cauchy-Schwarz inequality shows that

$$|R_2| \leq C\tau^2\lambda^4 \iint_{Q_T} \eta^2\varphi^2 + C\lambda^2 \iint_{Q_T} |\nabla\varphi|^2, \quad (3.18)$$

where we used the fact $|\nabla\xi| \leq C$ in Q_T . The same reasoning also yields that

$$|R_3| \leq C\tau^2\lambda^4 \iint_{Q_T} \eta^2\varphi^2 + \iint_{Q_T} |\nabla\varphi|^2. \quad (3.19)$$

Since $\eta \geq CT^{-2}$, by taking $\tau > CT^2$ for sufficiently large C , we obtain from (3.17)–(3.19) that

$$\begin{aligned} \langle A_1\varphi, B_2\varphi \rangle &\geq 2\tau\lambda^2 \iint_{Q_T} \eta|\nabla\xi|^2|\nabla\varphi|^2 - C\tau^2\lambda^4 \iint_{Q_T} \eta^2\varphi^2 \\ &\quad - C \iint_{Q_T} (\lambda^2 + 1)|\nabla\varphi|^2. \end{aligned} \quad (3.20)$$

We continue to estimate $\langle A_2\varphi, B_2\varphi \rangle$. Applying the integration by parts gives that

$$\begin{aligned} \langle A_2\varphi, B_2\varphi \rangle &= -2\tau\lambda \iint_{Q_T} \eta\nabla\varphi \cdot \nabla\xi\Delta\varphi \\ &= -2\tau\lambda \iint_{\Sigma_T} \eta \frac{\partial\xi}{\partial\nu} \left| \frac{\partial\varphi}{\partial\nu} \right|^2 + 2\tau\lambda^2 \iint_{Q_T} \eta|\nabla\xi \cdot \nabla\varphi|^2 \\ &\quad + 2\tau\lambda \iint_{Q_T} \eta D_i\varphi D_{ij}\xi D_j\varphi + 2\tau\lambda \iint_{Q_T} \eta D_i\xi D_{ij}\varphi D_j\varphi \\ &= S_1 + S_2 + S_3 + S_4, \end{aligned} \quad (3.21)$$

where $\nu = \frac{\nabla\varphi}{|\nabla\varphi|}$ is the unit outer normal and $|\nabla\varphi| = |\partial\varphi/\partial\nu|$, due to $\varphi = 0$ on Σ_T . Note that $\partial\xi/\partial\nu < 0$ on Σ_T because $\xi = 0$ on Σ_T and $\xi > 0$ in Q_T . Thus $S_1 \geq 0$. Obviously, we also have $S_2 \geq 0$. For the term S_3 , we can estimate as follows,

$$|S_3| \leq C\tau\lambda \iint_{Q_T} \eta|\nabla\varphi|^2. \quad (3.22)$$

For the term S_4 , the integration by parts gives that

$$\begin{aligned}
S_4 &= \tau\lambda \iint_{Q_T} \eta \nabla \xi \cdot \nabla |\nabla \varphi|^2 \\
&= \tau\lambda \iint_{\Sigma_T} \eta |\nabla \varphi|^2 \frac{\partial \xi}{\partial \nu} - \tau\lambda^2 \iint_{Q_T} \eta |\nabla \xi|^2 |\nabla \varphi|^2 - \tau\lambda \iint_{Q_T} \eta \Delta \xi |\nabla \varphi|^2 \\
&= S_{41} + S_{42} + S_{43}.
\end{aligned} \tag{3.23}$$

Since $|\nabla \varphi| = |\partial \varphi / \partial \nu|$, we have

$$S_1 + S_{41} = -\tau\lambda \iint_{\Sigma_T} \eta |\nabla \varphi|^2 \frac{\partial \xi}{\partial \nu} \geq 0. \tag{3.24}$$

We will keep S_{42} and estimate S_{43} as

$$|S_{43}| \leq C\tau\lambda \iint_{Q_T} \eta |\nabla \varphi|^2. \tag{3.25}$$

The combination of (3.21)–(3.25) gives

$$\langle A_2 \varphi, B_2 \varphi \rangle \geq -\tau\lambda^2 \iint_{Q_T} \eta |\nabla \xi|^2 |\nabla \varphi|^2 - C\tau\lambda \iint_{Q_T} \eta |\nabla \varphi|^2. \tag{3.26}$$

Let us turn to the last term $\langle A_3 \varphi, B_2 \varphi \rangle$ in $\langle A \varphi, B_2 \varphi \rangle$. For a similar reason as before, we can see $|\nabla \varphi| \rightarrow 0$ as $t \rightarrow 0$ or $t \rightarrow T$. Then

$$\langle A_3 \varphi, B_2 \varphi \rangle = - \iint_{Q_T} \nabla \partial_t \varphi \cdot \nabla \varphi = -\frac{1}{2} \iint_{Q_T} \partial_t |\nabla \varphi|^2 = 0.$$

Together with the previous estimates (3.20) and (3.26), we have

$$\begin{aligned}
\langle A \varphi, B_2 \varphi \rangle &\geq \tau\lambda^2 \iint_{Q_T} \eta |\nabla \xi|^2 |\nabla \varphi|^2 - C\tau^2\lambda^4 \iint_{Q_T} \eta^2 |\varphi|^2 \\
&\quad - C \iint_{Q_T} (\lambda^2 + \tau\lambda\eta) |\nabla \varphi|^2
\end{aligned} \tag{3.27}$$

for λ large and $\tau \geq CT^2$. From the property of ξ that $|\nabla \xi| \geq c > 0$ in $Q_T \setminus \Omega' \times (0, T)$, we can manipulate the right-hand side of (3.28) as

$$\begin{aligned}
\langle A \varphi, B_2 \varphi \rangle &\geq \tau\lambda^2 \iint_{Q_T \setminus \Omega' \times (0, T)} \eta |\nabla \xi|^2 |\nabla \varphi|^2 + \tau\lambda^2 \iint_{\Omega' \times (0, T)} \eta |\nabla \xi|^2 |\nabla \varphi|^2 \\
&\quad - C\tau^2\lambda^4 \iint_{Q_T} \eta^2 |\varphi|^2 - C \iint_{Q_T \setminus \Omega' \times (0, T)} (\lambda^2 + \tau\lambda\eta) |\nabla \varphi|^2 \\
&\quad - \iint_{\Omega' \times (0, T)} C(\lambda^2 + \tau\lambda\eta) |\nabla \varphi|^2 \\
&\geq \frac{1}{2}c^2\tau\lambda^2 \iint_{Q_T} \eta |\nabla \varphi|^2 - C\tau\lambda^2 \iint_{\Omega' \times (0, T)} \eta |\nabla \varphi|^2 \\
&\quad - C\tau^2\lambda^4 \iint_{Q_T} \eta^2 |\varphi|^2,
\end{aligned} \tag{3.28}$$

where we have used the fact $\eta > CT^{-2}$ and $\tau > C'T^2$ (with sufficiently large C') to guarantee $C(\lambda^2 + \tau\lambda\eta) \leq \frac{1}{2}c^2\tau\lambda^2\eta$. This completes the estimate of $\langle A\varphi, B_2\varphi \rangle$.

Next we consider $\langle A\varphi, B_3\varphi \rangle$. To this end, we first note that

$$|\partial_t\beta| = \left| \frac{(T-2t)}{t^2(T-t)^2} (e^{2\lambda s\|\xi\|_{L^\infty}} - e^{\lambda(s\|\xi\|_{L^\infty} + \xi)}) \right| \leq CT\eta^2. \quad (3.29)$$

For the first term $\langle A_1\varphi, B_3\varphi \rangle$, we have

$$\begin{aligned} |\langle A_1\varphi, B_3\varphi \rangle| &\leq 2\tau^2\lambda^2 \iint_{Q_T} \eta |\nabla\xi|^2 \varphi^2 |\partial_t\beta| \\ &\leq CT\tau^2\lambda^2 \iint_{Q_T} \eta^3 \varphi^2, \end{aligned} \quad (3.30)$$

where we have used (3.29). For the second term $\langle A_2\varphi, B_3\varphi \rangle$, applying the integration by parts, we have

$$\begin{aligned} \langle A_2\varphi, B_3\varphi \rangle &= -\tau^2\lambda \iint_{Q_T} \eta \nabla\xi \cdot \nabla\varphi^2 \partial_t\beta \\ &= \tau^2\lambda^2 \iint_{Q_T} \eta |\nabla\xi|^2 \varphi^2 \partial_t\beta + \tau^2\lambda \iint_{Q_T} \eta \Delta\xi \varphi^2 \partial_t\beta \\ &\quad + \tau^2\lambda \iint_{Q_T} \eta \nabla\xi \cdot \nabla\partial_t\beta \varphi^2. \end{aligned}$$

In view of (3.29), all the integrals in the last equality are bounded by $C\tau^2\lambda^2T \iint_{Q_T} \eta^3 \varphi^2$. Thus, we have

$$|\langle A_2\varphi, B_3\varphi \rangle| \leq C\tau^2\lambda^2T \iint_{Q_T} \eta^3 \varphi^2. \quad (3.31)$$

Next, we estimate the third term $\langle A_3\varphi, B_3\varphi \rangle$ in $\langle A\varphi, B_3\varphi \rangle$ as

$$\begin{aligned} |\langle A_3\varphi, B_3\varphi \rangle| &= \frac{1}{2}\tau \left| \iint_{Q_T} \partial_t\beta \partial_t\varphi^2 \right| \\ &= \frac{1}{2}\tau \left| \iint_{Q_T} \partial_{tt}\beta \varphi^2 \right| \\ &\leq C\tau T^2 \iint_{Q_T} \eta^3 \varphi^2, \end{aligned} \quad (3.32)$$

where we used the fact $|\partial_{tt}\beta| \leq C\eta^3T^2$ and $\eta\varphi \rightarrow 0$ as $t \rightarrow 0$ or $t \rightarrow T$.

Thanks to the fact that $\lambda > C$ and $\tau > C(T+T^2)$, the combination of the estimates (3.30)–(3.32) yields that

$$\langle A\varphi, B_3\varphi \rangle \geq -C\tau^3\lambda^2 \iint_{Q_T} \eta^3 \varphi^2. \quad (3.33)$$

Finally, we compute $\langle A\varphi, B_4\varphi \rangle$. The assumption $V(x, t) \in Z$ implies that $\|V\|_\infty, \|\nabla V\|_\infty$ and $\|\partial_t V\|_\infty$ are all bounded. We can simply estimate the first term in $\langle A\varphi, B_4\varphi \rangle$ as

$$|\langle A_1\varphi, B_4\varphi \rangle| \leq C\tau\lambda^2\|V\|_\infty \iint_{Q_T} \eta\varphi^2. \quad (3.34)$$

For the second term $\langle A_2\varphi, B_4\varphi \rangle$, the integration by parts shows that

$$\begin{aligned}
|\langle A_2\varphi, B_4\varphi \rangle| &= \tau\lambda \left| \iint_{Q_T} \eta V \nabla \xi \cdot \nabla \varphi^2 \right| \\
&\leq \tau\lambda^2 \left| \iint_{Q_T} \eta V |\nabla \xi|^2 \varphi^2 \right| + \tau\lambda \left| \iint_{Q_T} \eta V \Delta \xi \varphi^2 \right| + \tau\lambda \left| \iint_{Q_T} \eta \nabla \xi \cdot \nabla V \varphi^2 \right| \\
&\leq C\tau\lambda^2 \|V\|_\infty \iint_{Q_T} \eta \varphi^2 + C\tau\lambda \|\nabla V\|_\infty \iint_{Q_T} \eta \varphi^2,
\end{aligned} \tag{3.35}$$

where we used $\|\xi\|_{C^2(Q_T)} \leq C$. For the third term in $\langle A_3\varphi, B_4\varphi \rangle$, we bound it as

$$\begin{aligned}
|\langle A_3\varphi, B_4\varphi \rangle| &= \frac{1}{2} \left| \iint_{Q_T} V \partial_t \varphi^2 \right| \\
&= \frac{1}{2} \left| \iint_{Q_T} \partial_t V \varphi^2 \right| \\
&\leq C \|\partial_t V\|_\infty \iint_{Q_T} \varphi^2,
\end{aligned} \tag{3.36}$$

where we have used $\varphi \rightarrow 0$ as $t \rightarrow 0$ or $t \rightarrow T$. Together with (3.34) and (3.35), and by $\eta \geq CT^{-2}$, we arrive at

$$|\langle A\varphi, B_4\varphi \rangle| \leq C(\tau\lambda^2 \|V\|_\infty + \tau\lambda \|\nabla V\|_\infty + T^2 \|\partial_t V\|_\infty) \iint_{Q_T} \eta \varphi^2. \tag{3.37}$$

We have assumed that $\tau > C(T + T^2)$ in the previous estimates. Taking account of the estimates (3.16), (3.28), (3.33), and (3.37) and choosing λ, s large and

$$\tau \geq C(T + T^2 + T^2 \|V\|_\infty^{\frac{1}{2}} + T^2 \|\nabla V\|_\infty^{\frac{1}{2}} + T^2 \|\partial_t V\|_\infty^{\frac{1}{3}}), \tag{3.38}$$

we have

$$\begin{aligned}
\langle A\varphi, B\varphi \rangle &\geq c\tau\lambda^2 \iint_{Q_T} \eta |\nabla \varphi|^2 + c\tau^3\lambda^4 \iint_{Q_T} \eta^3 \varphi^2 \\
&\quad - C\tau\lambda^2 \iint_{\Omega' \times (0, T)} \eta |\nabla \varphi|^2 - C\tau^3\lambda^4 \iint_{\Omega' \times (0, T)} \eta^3 \varphi^2.
\end{aligned}$$

From the identity (3.10), we get that

$$\begin{aligned}
&\|A\varphi\|^2 + \|B\varphi\|^2 + c\tau\lambda^2 \iint_{Q_T} \eta |\nabla \varphi|^2 + c\tau^3\lambda^4 \iint_{Q_T} \eta^3 \varphi^2 \\
&\leq \|F_{\tau, \lambda}\|^2 + C \iint_{\Omega' \times (0, T)} \tau\lambda^2 \eta |\nabla \varphi|^2 + C \iint_{\Omega' \times (0, T)} \tau^3\lambda^4 \eta^3 \varphi^2 \\
&\leq C \iint_{Q_T} e^{-2\tau\beta} f^2 + C\tau^2\lambda^4 \iint_{Q_T} \eta^2 \varphi^2 + C\tau\lambda^2 \iint_{\Omega' \times (0, T)} \eta |\nabla \varphi|^2 + \tau^3\lambda^4 \iint_{\Omega' \times (0, T)} \eta^3 \varphi^2.
\end{aligned} \tag{3.39}$$

By assuming $\tau \geq CT^2$ such that $c\tau\eta \geq 2C$, the second integral on the right-hand side can be absorbed to the left. It follows that

$$\begin{aligned} \|A\varphi\|^2 + \|B\varphi\|^2 + \iint_{Q_T} c\tau\lambda^2\eta|\nabla\varphi|^2 + c\tau^3\lambda^4\eta^3\varphi^2 \\ \leq C \iint_{Q_T} e^{-2\tau\beta}f^2 + C \iint_{\Omega' \times (0,T)} \tau\lambda^2\eta|\nabla\varphi|^2 + C \iint_{\Omega' \times (0,T)} \tau^3\lambda^4\eta^3\varphi^2. \end{aligned} \quad (3.40)$$

Next, we want to incorporate $\iint_{\Omega' \times (0,T)} \tau\lambda^2\eta|\nabla\varphi|^2$ into the left-hand side of (3.40). To this end, we need to add $|\Delta\varphi|$ to the Carleman estimates (3.40). By the identity (3.9) and the triangle inequality, thanks to (3.29), we have

$$\begin{aligned} c\tau^{-1} \iint_{Q_T} \eta^{-1}|\Delta\varphi|^2 &\leq \tau^3\lambda^4 \iint_{Q_T} \eta^3\varphi^2 + \tau T^2 \iint_{Q_T} \eta^3\varphi^2 \\ &\quad + \tau^{-1} \iint_{Q_T} \eta^{-1}|V|^2\varphi^2 + \tau^{-1}\|\eta^{-\frac{1}{2}}B\varphi\|^2 \\ &\leq C\tau^3\lambda^4 \iint_{Q_T} \eta^3\varphi^2 + \|B\varphi\|^2, \end{aligned} \quad (3.41)$$

where we have used the fact $\|V\|_\infty^2\eta^{-1}\tau^{-1} \leq \tau^3\eta^3$, due to the assumption of τ in (3.38), and $\eta^{-1} \leq CT^2$. Similarly, the identity (3.8) and the assumption of ξ lead to

$$c\tau^{-1} \iint_{Q_T} \eta^{-1}|\partial_t\varphi|^2 \leq \tau\lambda^4 \iint_{Q_T} \eta\varphi^2 + \tau\lambda^2 \iint_{Q_T} \eta|\nabla\varphi|^2 + \tau^{-1}\|\eta^{-\frac{1}{2}}A\varphi\|^2. \quad (3.42)$$

Therefore, from (3.40), we deduce that

$$\begin{aligned} \iint_{Q_T} \tau^{-1}\eta^{-1}(\partial_t\varphi + |\Delta\varphi|)^2 + \tau\lambda^2 \iint_{Q_T} \eta|\nabla\varphi|^2 + \tau^3\lambda^4 \iint_{Q_T} \eta^3\varphi^2 \\ \leq C \iint_{Q_T} e^{-2\tau\beta}f^2 + \tau\lambda^2 \iint_{\Omega' \times (0,T)} \eta|\nabla\varphi|^2 + \tau^3\lambda^4 \iint_{\Omega' \times (0,T)} \eta^3\varphi^2. \end{aligned} \quad (3.43)$$

We want to control the second integral on the right-hand side in the last inequality. Recall that $\Omega' \Subset \omega \Subset \Omega$. We introduce a cutoff function

$$0 \leq \phi \leq 1, \quad \phi \in C_0^2(\omega), \quad \phi = 1 \text{ in } \Omega'.$$

It is obvious that

$$\tau\lambda^2 \iint_{\Omega' \times (0,T)} \eta|\nabla\varphi|^2 \leq \tau\lambda^2 \iint_{\omega \times (0,T)} \phi\eta|\nabla\varphi|^2.$$

The applications of integration by parts show that

$$\begin{aligned} \iint_{\omega \times (0,T)} \phi\eta|\nabla\varphi|^2 &= - \iint_{\omega \times (0,T)} \eta\nabla\phi \cdot \nabla\varphi\varphi - \lambda \iint_{\omega \times (0,T)} \phi\eta\nabla\xi \cdot \nabla\varphi\varphi - \iint_{\omega \times (0,T)} \phi\eta\Delta\varphi\varphi \\ &= \frac{1}{2} \iint_{\omega \times (0,T)} \nabla(\eta\nabla\phi)\varphi^2 + \frac{\lambda}{2} \iint_{\omega \times (0,T)} \nabla(\phi\eta\nabla\xi)\varphi^2 - \iint_{\omega \times (0,T)} \phi\eta\Delta\varphi\varphi \end{aligned}$$

$$\begin{aligned}
&\leq C\lambda^2 \iint_{\omega \times (0,T)} \eta \varphi^2 + \epsilon \tau^{-2} \lambda^{-2} \iint_{\omega \times (0,T)} \eta^{-1} |\Delta \varphi|^2 \\
&+ C\epsilon^{-1} \tau^2 \lambda^2 \iint_{\omega \times (0,T)} \eta^3 \varphi^2,
\end{aligned}$$

where we have used the Young's inequality in the last inequality with some small constant $\epsilon > 0$ to be selected. Therefore, we obtain

$$\begin{aligned}
\tau \lambda^2 \iint_{\Omega' \times (0,T)} \eta |\nabla \varphi|^2 &\leq \tau \lambda^4 \iint_{\omega \times (0,T)} \eta \varphi^2 + \epsilon \tau^{-1} \iint_{\omega \times (0,T)} \eta^{-1} |\Delta \varphi|^2 \\
&+ C\epsilon^{-1} \tau^3 \lambda^4 \iint_{\omega \times (0,T)} \eta^3 \varphi^2 \\
&\leq C\epsilon^{-1} \tau^3 \lambda^4 \iint_{\omega \times (0,T)} \eta^3 \varphi^2 + \epsilon \tau^{-1} \iint_{\omega \times (0,T)} \eta^{-1} |\Delta \varphi|^2,
\end{aligned}$$

where we used the fact $\tau \eta > C$ again. By selecting ϵ to be some small positive constant in the last inequality and take into consideration of (3.43), the integral $\epsilon \tau^{-1} \iint_{\omega \times (0,T)} \eta^{-1} |\Delta \varphi|^2$ can be incorporated into the left-hand side of (3.43). Then $\tau \lambda^2 \iint_{\Omega' \times (0,T)} \eta |\nabla \varphi|^2$ can be absorbed. Therefore, from (3.43), we deduce that

$$\begin{aligned}
&\iint_{Q_T} \tau^{-1} \eta^{-1} (|\partial_t \varphi| + |\Delta \varphi|)^2 + \tau \lambda^2 \iint_{Q_T} \eta |\nabla \varphi|^2 + \tau^3 \lambda^4 \iint_{Q_T} \eta^3 \varphi^2 \\
&\leq C \iint_{Q_T} e^{-2\tau\beta} f^2 + C\tau^3 \lambda^4 \iint_{\omega \times (0,T)} \eta^3 \varphi^2.
\end{aligned} \tag{3.44}$$

It is remaining to return to the Carleman estimate in terms of w . Recall that $\varphi = e^{-\tau\beta} w$. Clearly, (3.44) yields

$$\tau \lambda^4 \iint_{Q_T} e^{-2\tau\beta} \eta^3 w^2 \leq C \iint_{Q_T} e^{-2\tau\beta} f^2 + C\tau^3 \lambda^4 \iint_{\omega \times (0,T)} e^{-2\tau\beta} \eta^3 w^2. \tag{3.45}$$

By (3.44) and

$$e^{-\tau\beta} \nabla w = \nabla \varphi - \tau \lambda e^{-\tau\beta} \eta \nabla \xi w,$$

we have

$$\tau \lambda^2 \iint_{Q_T} e^{-2\tau\beta} \eta |\nabla w|^2 \leq C \iint_{Q_T} e^{-2\tau\beta} f^2 + C\tau^3 \lambda^4 \iint_{\omega \times (0,T)} e^{-2\tau\beta} \eta^3 w^2. \tag{3.46}$$

Thus, it follows from (3.44) and (3.46) that

$$\begin{aligned}
&\iint_{Q_T} \tau^{-1} \eta^{-1} (|\partial_t \varphi| + |\Delta \varphi|)^2 + \tau \lambda^2 \iint_{Q_T} e^{-2\tau\beta} \eta |\nabla w|^2 + \tau^3 \lambda^4 \iint_{Q_T} e^{-2\tau\beta} \eta^3 w^2 \\
&\leq C \iint_{Q_T} e^{-2\tau\beta} f^2 + \tau^3 \lambda^4 \iint_{\omega \times (0,T)} e^{-2\tau\beta} \eta^3 w^2.
\end{aligned} \tag{3.47}$$

Now notice that

$$\Delta\varphi = \tau^2 e^{-\tau\beta} |\nabla\beta|^2 w - \tau e^{-\tau\beta} \Delta\beta w - 2\tau e^{-\tau\beta} \nabla\beta \cdot \nabla w + e^{-\tau\beta} \Delta w,$$

and

$$\partial_t \varphi = -\tau e^{-\tau\beta} \partial_t \beta w + e^{-\tau\beta} \partial_t w.$$

Applying the triangle inequalities to the above identities and using (3.6) and (3.29), we get

$$\begin{aligned} & \tau^{-1} \iint_{Q_T} e^{-2\tau\beta} \eta^{-1} (|\Delta w|^2 + |\partial_t w|^2) \\ & \leq \tau^{-1} \iint_{Q_T} \eta^{-1} (|\Delta\varphi|^2 + |\partial_t \varphi|^2) + C\tau^3 \lambda^4 \iint_{Q_T} e^{-2\tau\beta} \eta^3 w^2 \\ & \quad + C\tau \lambda^4 \iint_{Q_T} e^{-2\tau\beta} \eta w^2 + \tau \lambda^2 \iint_{Q_T} e^{-2\tau\beta} \eta |\nabla w|^2. \end{aligned} \quad (3.48)$$

Taking the estimates (3.45), (3.47) and (3.48) into consideration, we show that

$$\begin{aligned} & \tau^3 \lambda^4 \iint_{Q_T} e^{-2\tau\beta} \eta^3 w^2 \, dxdt + \tau \lambda^2 \iint_Q e^{-2\tau\beta} \eta |\nabla w|^2 \, dxdt \\ & \quad + \tau^{-1} \iint_{Q_T} e^{-2\tau\beta} \eta^{-1} (|\Delta w|^2 + |\partial_t w|^2) \, dxdt \\ & \leq C_1 \iint_{Q_T} e^{-2\tau\beta} f^2 \, dxdt + C_1 \tau^3 \lambda^4 \iint_{\omega \times (0,T)} e^{-2\tau\beta} \eta^3 w^2 \, dxdt. \end{aligned}$$

This completes the proof of Lemma 3.2. $\square$

Based on the Carleman estimates (3.3) in Lemma 3.2, we can show the observability inequality in Theorem 1.1. For convenience, we let

$$\|V\| := \|V\|_\infty^{1/2} + \|\nabla V\|_\infty^{1/2} + \|\partial_t V\|_\infty^{1/3}. \quad (3.49)$$

Proof of Theorem 1.1. The proof should be standard. However, we present the details of the proof. Since (2.5) is the adjoint heat equation of (1.1), to show (1.4), it suffices to prove

$$\|q(0)\|_{L^2(\Omega)}^2 \leq e^{\hat{\tau}} \iint_{\omega \times (0,T)} q^2 \quad (3.50)$$

for the solution q in (2.5), where $\hat{\tau} = C(1 + T^{-1} + T\|V\|_\infty + \|V\|)$.

Applying the Carleman estimates (3.3) in Lemma 3.2 to $w = q$ and using the equation $q_t + \Delta q - Vq = 0$, we have

$$\iint_{Q_T} e^{-2\tau\beta} \eta^3 q^2 \leq C_1 \iint_{\omega \times (0,T)} e^{-2\tau\beta} \eta^3 q^2, \quad (3.51)$$

for all $\tau \geq \tau_0 = C(T + T^2 + T^2 \|V\|)$. We choose $\tau = \tau_0$ in (3.51). Since $\eta \simeq \beta \simeq T^{-2}$ for $(x, t) \in \Omega \times (\frac{T}{3}, \frac{2T}{3})$, it is not difficult to see

$$e^{-2\tau\beta}\eta^3 \geq cT^{-6} \exp(-C(1 + T^{-1} + \|V\|)) \quad \text{in } \Omega \times (\frac{T}{3}, \frac{2T}{3}). \quad (3.52)$$

Next, we study the right-hand side of (3.51). Since $\xi(x) > 0$ in the open set ω , we introduce $c_0 := \max_{\omega} \xi \leq \|\xi\|_{L^\infty}$. Furthermore, let $c_* := e^{\lambda c_0} > 1$, which is a fixed constant. Then

$$\begin{aligned} e^{2\lambda s \|\xi\|_{L^\infty}} - e^{\lambda(s\|\xi\|_{L^\infty} + \xi(x))} &= e^{\lambda s \|\xi\|_{L^\infty}} (e^{\lambda s \|\xi\|_{L^\infty}} - e^{\lambda \xi(x)}) \\ &\geq c_*^s (c_*^s - c_*) \\ &=: c^* > 0 \end{aligned}$$

in the open set ω for some fixed constant c^* and s large. Let $m = t(T - t)$. It is easy to see that $0 \leq m \leq \frac{1}{4}T^2$. An elementary argument shows that $e^{\frac{-2c^*\tau}{m}}m^{-3}$ is increasing if $m \leq \frac{2}{3}c^*\tau$. Thus, if we assume $\frac{1}{4}T^2 \leq \frac{2}{3}c^*\tau$, we get

$$\begin{aligned} e^{-2\tau\beta}\eta^3 &\leq Ce^{\frac{-2c^*\tau}{m}}m^{-3} \leq Ce^{\frac{-8c^*\tau}{T^2}}(\frac{1}{4}T^2)^{-3} \\ &\leq CT^{-6} \exp(-c(1 + T^{-1} + \|V\|)) \end{aligned} \quad (3.53)$$

in Q_T for some large constant C . Therefore, it follows from (3.51), (3.52) and (3.53) that

$$\iint_{\Omega \times (\frac{T}{3}, \frac{2T}{3})} q^2 \leq \exp(C(1 + T^{-1} + \|V\|)) \iint_{\omega \times (0, T)} q^2. \quad (3.54)$$

By the dissipativity estimates (2.6) in Lemma 2.2, we have

$$\|q(0)\|_{L^2(\Omega)}^2 \leq CT^{-1} e^{CT\|V\|_\infty} \iint_{\Omega \times (\frac{T}{3}, \frac{2T}{3})} q^2. \quad (3.55)$$

Note that $CT^{-1} \leq e^{1+CT^{-1}}$ for any $T > 0$. The combination of (3.54) and (3.55) gives that

$$\|q(0)\|_{L^2(\Omega)}^2 \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|)) \iint_{\omega \times (0, T)} q^2.$$

Thus, the conclusion in Theorem 1.1 is arrived. $\square$

4. NULL CONTROLLABILITY FOR LINEAR HEAT EQUATIONS

A consequence of the observability inequality is the null controllability for the linear heat equation, following the so-called Hilbert Uniqueness Method introduced by J.L. Lions (see *e.g.*, [21]). Since the proof now is standard, we refer to [22], Theorem 2.44 and skip the proof.

Proposition 4.1. *The observability inequality (3.50) implies the null controllability of (1.8) and the control function satisfies*

$$\|h\|_{L^2(\omega \times (0, T))} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|)) \|y_0\|_{L^2(\Omega)}, \quad (4.1)$$

where $\|V\|$ is defined in (3.49).

Now we are ready to prove the existence of a regular control function for the null controllability, and estimate the norms of the control function and the trajectory $y(x, t)$

Note that the control h obtained by Proposition 4.1 is merely in L^2 . In view of the Lipschitz regularity assumption on the potential, it is natural to ask for a more regular control. To this end, we borrow the idea from [23] (also see [24]) which makes use of the parabolic regularizing effect in the case of Lipschitz potentials.

Proof of Theorem 1.4. Since V is Lipschitz, the weak solution of (1.1) satisfies the spatial $C^{2+\alpha}$ estimate for each time $t > 0$. Precisely, by the energy estimate (2.1) and the classical Schauder estimate for parabolic equations, for $0 < t < \min\{T, 1\}$, we have

$$\|y(\cdot, t)\|_{C^{2+\alpha}(\bar{\Omega})} \leq C(t^{-1} + \|V\|_Z)^N e^{Ct\|V\|_\infty} \|y_0\|_{L^2(\Omega)},$$

where $\|V\|_Z = \|V\|_\infty + \|\nabla V\|_\infty + \|\partial_t V\|_\infty$ and N (arising from rescaling and a bootstrap argument for regularity) is a constant depending only on n and α . The proof of this estimate is similar to Lemma A.2 with careful attention to the dependence of t and $\|V\|_Z$. By this parabolic regularizing effect, we may choose $t_0 = \min\{\delta T, 1\}$ with some small $\delta < 1/3$ and consider t_0 as the initial time. In this case,

$$\|y(\cdot, t_0)\|_{C^{2+\alpha}(\bar{\Omega})} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|)) \|y_0\|_{L^2(\Omega)}, \quad (4.2)$$

where we have used $T^{-1} \leq \exp(T^{-1})$ and $\|V\|_Z \leq \exp(1 + T^{-1} + T\|V\|_\infty + \|V\|)$. Hence, without loss of generality, we may assume $y_0 \in C^{2+\alpha}(\bar{\Omega})$ at $t = 0$ and construct a control function that vanishes in a short period of time at the beginning.

Let ω_2 be a non-empty open set satisfying $\omega_2 \Subset \omega$. Following the argument in Proposition 4.1 and replacing ω in the proposition by ω_2 , we can show that there exist a control $\tilde{h} \in L^2(\omega_2 \times (0, T))$ and the associated solution $\tilde{y}$ satisfying $\tilde{y}(\cdot, T) = 0$. Furthermore, it holds that

$$\|\tilde{h}\|_{L^2(\omega_2 \times (0, T))} \leq \exp(C(1 + T^{-1} + T\|V\|_{L^\infty} + \|V\|)) \|y_0\|_{L^2(\Omega)}. \quad (4.3)$$

With the aid of $\tilde{h}$ and $\tilde{y}$ at our disposal, we construct a control with the required regularity. Let u be the solution of (1.8) with the control function $h = 0$. Due to the assumption $y_0 \in C^{2+\alpha}(\bar{\Omega})$, the Schauder estimates of heat equations imply that $u \in C^{2+\alpha, 1+\frac{\alpha}{2}}(\bar{Q}_T)$; see e.g., [25]. Furthermore, the dependence of the constant on T and V is given precisely as follows:

$$\|u\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\bar{Q}_T)} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|)) \|y_0\|_{C^{2+\alpha}(\bar{\Omega})}. \quad (4.4)$$

A proof of the above estimate is given in Lemma A.1 in Appendix.

We choose $\chi = \chi(t) \in C^\infty[0, T]$ to be a function such that $\chi = 1$ in the neighborhood of $t = 0$ and $\chi = 0$ in the neighborhood of $t = T$. Let $\hat{y} = \tilde{y} - \chi(t)u$. Then $\hat{y}$ satisfies the following equation

$$\begin{cases} \hat{y}_t - \Delta \hat{y} + V(x, t)\hat{y} = -\chi'(t)u + \tilde{h}\mathbf{1}_{\omega_2} & \text{in } Q_T, \\ \hat{y} = 0 & \text{on } \Sigma_T, \\ \hat{y}(\cdot, 0) = 0 & \text{on } \Omega, \end{cases}$$

and $\hat{y}(x, T) = 0$ in Ω .

Next, we choose ω_3 to be another open set such that $\omega_2 \Subset \omega_3 \Subset \omega$. Then we have

$$\begin{cases} \hat{y}_t - \Delta \hat{y} + V(x, t)\hat{y} = -\chi'(t)u & \text{in } \Omega \setminus \omega_2 \times (0, T], \\ \hat{y} = 0 & \text{on } \Sigma_T, \\ \hat{y}(\cdot, 0) = 0 & \text{on } \Omega. \end{cases} \quad (4.5)$$

By the fact that $\hat{y} = \tilde{y} - \chi(t)u$ and u satisfies (4.4), from Lemma A.2, we obtain

$$\|\hat{y}\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\mathcal{O} \times (0, T))} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|))\|y_0\|_{C^{2+\alpha}(\Omega)} \quad (4.6)$$

for some open set $\mathcal{O} \supset \partial\omega_3$. Applying the Schauder estimates for $\hat{y}$ in (4.5) in $\Omega \setminus \omega_3 \times (0, T]$, together with (4.4) and (4.6), we have

$$\|\hat{y}\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\bar{\Omega} \setminus \omega_3 \times (0, T])} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|))\|y_0\|_{C^{2+\alpha}(\Omega)}. \quad (4.7)$$

Finally, we choose a cut-off function $\phi(x) \in C_0^\infty(\Omega)$ such that $0 \leq \phi(x) \leq 1$ and $\phi = 1$ in ω_4 and $\phi = 0$ in $\Omega \setminus \omega$, where $\omega_3 \Subset \omega_4 \Subset \omega$. Then we select $y^* = (1 - \phi)\hat{y}$. Taking into account the regularity of $\hat{y}$ and the assumption of ϕ , we have $y^* \in C^{2+\alpha, 1+\frac{\alpha}{2}}(\bar{Q}_T)$. Let $y = y^* + \chi(t)u$. Note that $y(x, T) = 0$ in Ω . One has

$$\begin{cases} y_t - \Delta y + V(x, t)y = (1 - \phi)\tilde{h}\mathbf{1}_{\omega_2} - \phi\chi'(t)u + \Delta\phi\hat{y} + 2\nabla\phi \cdot \nabla\hat{y} = h\mathbf{1}_\omega & \text{in } Q_T, \\ y = 0 & \text{on } \Sigma_T, \\ y(0, \cdot) = y_0 & \text{on } \Omega, \end{cases} \quad (4.8)$$

where $h(x, t) = -\phi\chi'(t)u + \Delta\phi\hat{y} + 2\nabla\phi \cdot \nabla\hat{y}$ since $(1 - \phi)\tilde{h}\mathbf{1}_{\omega_2} = 0$. By the regularity estimates of $\phi, \hat{y}$ and u , we have $h \in C^{\alpha, \frac{\alpha}{2}}(\bar{\omega} \times [0, T])$. Moreover, from the construction of $h(x, t)$, we know that $h(x, t)$ is supported in ω for every $t \in (0, T)$ and $h(x, 0) = 0$ in Ω .

The regularity estimates of $\hat{y}$ in (4.7) and u in (4.4) further imply

$$\|h\|_{C^{\alpha, \frac{\alpha}{2}}(Q_T)} = \|h\|_{C^{\alpha, \frac{\alpha}{2}}(\bar{\omega} \times [0, T])} \leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|))\|y_0\|_{C^{2+\alpha}(\Omega)},$$

and thus a global Schauder estimate for (4.8)

$$\begin{aligned} \|y\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\bar{Q}_T)} &\leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|))(\|y_0\|_{C^{2+\alpha}(\Omega)} + \|h\|_{C^{\alpha, \frac{\alpha}{2}}(Q_T)}) \\ &\leq \exp(C(1 + T^{-1} + T\|V\|_\infty + \|V\|))\|y_0\|_{C^{2+\alpha}(\Omega)}. \end{aligned}$$

Therefore, we have completed the proof of Theorem 1.4. $\square$

5. ONE-DIMENSIONAL HEAT EQUATION

In this section, we show the optimal observability inequalities for the one-dimensional heat equation. The observation region is concerned with a subset of positive measure in Ω and a subset of positive measure in $(0, T)$. This requires a well-known technique involving the following lemma, which is based on the property of density points for sets of positive measure on $(0, T)$; see *e.g.*, [19].

Lemma 5.1. *Let E be a measurable subset of positive measure in $(0, T)$ and k be a density point of E . Then for any $\gamma > 1$, there exists $k_1 \in (k, T)$ such that the sequence defined by*

$$k_{m+1} - k = \gamma^{-m}(k_1 - k)$$

satisfies

$$|E \cap (k_{m+1}, k_m)| \geq \frac{(k_m - k_{m+1})}{3}.$$

We also need the following results for the propagation of smallness results for holomorphic functions, whose proof relies on a Remez-type inequality; see [26] or [27], Proposition 2.3. Let $\mathcal{E}$ be a measurable set on the line segment $(-\frac{1}{2}, \frac{1}{2})$ in the two dimensional ball $B_{1/2}$ with $|\mathcal{E}| > 0$, where $|\mathcal{E}|$ is the Lebesgue measure on the line.

Lemma 5.2. *Let $h(z)$ be a holomorphic function in $B_4 \subset \mathbb{C}$. Then there exists a constant $0 < \alpha < 1$ depending on $|\mathcal{E}|$ such that*

$$\sup_{B_1} |h| \leq \sup_{\mathcal{E}} |h|^\alpha \sup_{B_4} |h|^{1-\alpha}, \quad (5.1)$$

where $\alpha = \frac{1}{1+C+C \log \frac{C}{|\mathcal{E}|}}$ and $C > 1$ is a universal constant.

For our application, we would like to replace the $\sup_{\mathcal{E}} |h|$ in the inequality (5.1) by the norm $\|h\|_{L^2(\mathcal{E})}$. To this end, we set

$$\mathcal{E}'_1 = \{x \in \mathcal{E} | h(x) \geq \frac{4}{|\mathcal{E}|^{1/2}} \|h\|_{L^2(\mathcal{E})}\}.$$

We claim that $|\mathcal{E}'_1| \leq \frac{1}{2} |\mathcal{E}|$. Otherwise, if $|\mathcal{E}'_1| > \frac{1}{2} |\mathcal{E}|$, then

$$\|h\|_{L^2(\mathcal{E}'_1)} \geq \frac{4}{|\mathcal{E}|^{1/2}} \|h\|_{L^2(\mathcal{E})} (\frac{1}{2} |\mathcal{E}|)^{1/2} \geq 2 \|h\|_{L^2(\mathcal{E})}.$$

Obviously, it is a contradiction. This shows the claim. We introduce

$$\mathcal{E}_1^0 = \mathcal{E} \setminus \mathcal{E}'_1 = \{x \in \mathcal{E} | h(x) < \frac{4}{|\mathcal{E}|^{1/2}} \|h\|_{L^2(\mathcal{E})}\}.$$

Then $|\mathcal{E}_1^0| \geq \frac{1}{2} |\mathcal{E}|$. Applying the inequality (5.1) with $\mathcal{E}$ replaced by $\mathcal{E}_1^0$, we get

$$\begin{aligned} \sup_{B_1} |h| &\leq \left(\frac{4}{|\mathcal{E}|^{1/2}}\right)^\alpha \|h\|_{L^2(\mathcal{E})}^\alpha \sup_{B_4} |h|^{1-\alpha} \\ &\leq C \|h\|_{L^2(\mathcal{E})}^\alpha \sup_{B_4} |h|^{1-\alpha}. \end{aligned} \quad (5.2)$$

To show the observability inequalities, we will first obtain some spectral inequalities for a linear combination of eigenfunctions, which might be of independent interest. We consider the eigenvalue problem for the one-dimensional Schrödinger operator (or Hill operator)

$$\begin{cases} -\partial_{xx} \phi_k + V(x) \phi_k = \lambda_k \phi_k & \text{in } \Omega, \\ \phi_k(x) = 0 & \text{on } \partial\Omega, \end{cases}$$

where $\Omega = (0, \frac{1}{2})$, the eigenvalues $\{\lambda_k : k = 1, 2, \dots\}$ are ordered nondecreasingly, counted with multiplicity. Note that the smallest eigenvalue λ_1 is larger than $\inf_{\Omega} V$. Moreover, the eigenfunctions $\{\phi_k : k = 1, 2, \dots\}$ are orthonormal in $L^2(\Omega)$. Let $-\tilde{\Delta} = -\partial_{xx} + V(x)$ and $P_\lambda = P_\lambda(-\tilde{\Delta}) : L^2(\Omega) \rightarrow L^2(\Omega)$ be the projection onto the eigenspace generated by $\{\phi_k : \lambda_k \leq \lambda\}$. Without loss of generality, we assume that $\|V\|_\infty = M$ for some large constant $M > 3$. By some ideas in [8], we can show the following sharp spectral inequalities for the one-dimensional Schrödinger equation.

Lemma 5.3. *Let ω be a measurable subset of positive measure on Ω . There exists a constant C depending on ω such that*

$$\|\phi\|_{L^2(\Omega)} \leq e^{C(M^{1/2} + \lambda^{1/2})} \|\phi\|_{L^2(\omega)} \quad \text{for all } \phi \in \text{Ran}(P_\lambda(-\tilde{\Delta})). \quad (5.3)$$

Proof. We first deal with the nonnegative potential $V(x)$. As $\Omega = (0, \frac{1}{2})$ and $\phi_k(0) = 0$, we extend ϕ_k by an odd reflection to be in $(-\frac{1}{2}, \frac{1}{2})$ across $x = 0$. Then we do an even extension for $V(x)$ across $x = 0$ in $(-\frac{1}{2}, \frac{1}{2})$. We still write the extended functions as ϕ_k and $V(x)$. Hence we have

$$\begin{cases} -\partial_{xx}\phi_k + V(x)\phi_k = \lambda_k\phi_k & \text{in } \Omega_1 := (-\frac{1}{2}, \frac{1}{2}), \\ \phi_k(x) = 0 & \text{on } \partial\Omega_1. \end{cases}$$

We can further extend ϕ_k as a periodic function in $\mathbb{R}$ with period 1. In particular, ϕ_k satisfies the above equation in $\tilde{\Omega} := (-1, 1)$ and vanishes on $\partial\tilde{\Omega}$. Note that $\phi_k \in C^{1,1}(\tilde{\Omega})$.

Since $V(x) \geq 0$, then $\lambda_1 > \inf_{\Omega} V \geq 0$. For any $\phi \in \text{Ran}(P_\lambda(-\tilde{\Delta}))$, we can write $\phi = \sum_{0 < \lambda_k \leq \lambda} \alpha_k \phi_k$ with $\alpha_k = (\phi_k, \phi)$. We construct

$$u(x, y) = \sum_{0 < \lambda_k \leq \lambda} \alpha_k \cosh(\sqrt{\lambda_k} y) \phi_k(x). \quad (5.4)$$

Note that $\frac{\partial u}{\partial y} = 0$ on $\{(x, y) \in \tilde{\Omega} \times \mathbb{R} | y = 0\}$. It is easy to see that

$$-\Delta u + V(x)u = 0 \quad \text{in } \tilde{\Omega} \times (-1, 1), \quad (5.5)$$

where we used the usual notation $\Delta = \partial_{xx} + \partial_{yy}$.

Next, we construct a multiplier to convert (5.5) into a second order elliptic equation without lower order terms. We first prove the existence of a positive solution of the following equation.

$$\begin{cases} -\partial_{xx}w + V(x)w = 0 & \text{in } \tilde{\Omega}, \\ w = e^{\sqrt{M}} & \text{on } \partial\tilde{\Omega}. \end{cases} \quad (5.6)$$

Choose $\hat{w}_1 = e^{\sqrt{M}x}$. We can check that $-\partial_{xx}\hat{w}_1 + V(x)\hat{w}_1 \leq 0$. Thus, $\hat{w}_1$ is a subsolution of (5.6). Let $\hat{w}_2 = e^{\sqrt{M}}$. Then $-\partial_{xx}\hat{w}_2 + V(x)\hat{w}_2 \geq 0$ as $V(x) \geq 0$. Therefore, $\hat{w}_2$ is a supersolution of (5.6). By the sub-supersolution method, there exists a positive solution w of (5.6) such that $\hat{w}_1 \leq w \leq \hat{w}_2$. Therefore, we have

$$e^{-\sqrt{M}} \leq w(x) \leq e^{\sqrt{M}}. \quad (5.7)$$

Using (5.7) and the equation (5.6), we can get the estimate of $\partial_{xx}w$ and hence

$$\|w\|_{C^{1,1}(\tilde{\Omega})} \leq e^{C\sqrt{M}}. \quad (5.8)$$

Now, observe that $w = w(x)$ given above can also be viewed as a positive solution of

$$-\Delta w + V(x)w = 0 \quad \text{in } \tilde{\Omega} \times (-1, 1).$$

We consider $v(x, y) = \frac{u(x, y)}{w(x)}$. Then $v(x, y)$ satisfies

$$\operatorname{div}(w^2 \nabla v) = 0 \quad \text{in } \tilde{\Omega} \times (-1, 1). \quad (5.9)$$

We will use some techniques from complex analysis, which have been applied in [8] in the study of Landis' conjecture in the plane. We construct a stream function $\tilde{v}$ associated with v in B_1 . That is, $\tilde{v}$ satisfies

$$\begin{cases} \partial_y \tilde{v} = w^2 \partial_x v, \\ -\partial_x \tilde{v} = w^2 \partial_y v. \end{cases} \quad (5.10)$$

We can choose $\tilde{v}(0) = 0$. Let $g = w^2 v + i\tilde{v}$. Then

$$\bar{\partial} g = \frac{\bar{\partial} w^2}{2w^2} (g + \bar{g}) \quad \text{in } B_1, \quad (5.11)$$

where $\bar{\partial} = \frac{1}{2}(\partial_x + i\partial_y)$. Hence we can write it as

$$\bar{\partial} g = q_0 g + q_0 \bar{g},$$

where $q_0 = \frac{\bar{\partial} w^2}{2w^2} = \bar{\partial} \log(w)$. Furthermore, we can reduce it to

$$\bar{\partial} g = \tilde{q}_0 g \quad \text{in } B_1, \quad (5.12)$$

where

$$\tilde{q}_0 = \begin{cases} q_0 + \frac{q_0 \bar{g}}{g}, & \text{if } g \neq 0, \\ 0, & \text{otherwise.} \end{cases}$$

It was shown in [8], Lemma 2.2 that $\|\tilde{q}_0\|_{L^\infty(B_1)} \leq 2\|q_0\|_{L^\infty(B_1)} \leq C\sqrt{M}$. Furthermore, it can be shown that, see *e.g.* Theorem 4.1 in [28],

$$g(z) = e^{W(z)} h(z) \quad \text{in } B_{4/5}, \quad (5.13)$$

where h is a holomorphic function in $B_{4/5}$,

$$W(z) = -\frac{1}{\pi} \int_{B_{4/5}} \frac{\tilde{q}_0}{\xi - z} d\xi,$$

and $z = x + iy$. Moreover, the bound of $\tilde{q}_0$ leads to $\|W\|_{L^\infty(B_{4/5})} \leq C\sqrt{M}$.

Next we apply the propagation of smallness in (5.2). Let ω_1 be a measurable subset on the line $B_{r/2} \cap \{(x, y) | y = 0\}$ with $|\omega_1| > 0$. We identify the ball in the complex plane with the ball in $\mathbb{R}^2$. Replacing $\mathcal{E}$ by ω_1 and letting $h = e^{-W(z)} g(z)$ in (5.2), we have

$$\sup_{B_r} |e^{-W(z)} g(z)| \leq C \|e^{-W(z)} g(z)\|_{L^2(\omega_1)}^\alpha \sup_{B_{4r}} |e^{-W(z)} g(z)|^{1-\alpha} \quad (5.14)$$

for some $r < r_0 \leq \frac{1}{10}$, where r_0 is some universal constant. Thanks to the expression of g and the conditions for $W(z)$, we get

$$\sup_{B_r} |v| \leq e^{C\sqrt{M}} \|w^2 v + i\tilde{v}\|_{L^2(\omega_1)}^\alpha \sup_{B_{4r}} |w^2 v + i\tilde{v}|^{1-\alpha}. \quad (5.15)$$

Since $\frac{\partial u}{\partial y} = 0$ on $\{(x, y) \in B_1 | y = 0\}$, then $\frac{\partial v}{\partial y} = 0$ on $\{(x, y) \in B_1 | y = 0\}$ as $w(x)$ depends only on x . From (5.10), it follows that $\frac{\partial \tilde{v}}{\partial x} = 0$ on $\{(x, y) \in B_1 | y = 0\}$. As $\tilde{v}(0) = 0$, then $\tilde{v} = 0$ on $\{(x, y) \in B_1 | y = 0\}$. It holds that $\nabla v = \nabla(\frac{u}{w}) = \frac{\nabla u w - \nabla w u}{w^2}$. We can show that

$$\begin{aligned} \sup_{B_{4r}} |\tilde{v}| &\leq C r e^{C\sqrt{M}} \sup_{B_{4r}} |\nabla v| \\ &\leq e^{C\sqrt{M}} \sup_{B_{5r}} |u|, \end{aligned} \quad (5.16)$$

where we used the estimates (5.7), (5.8), (5.10), and the elliptic estimates for u in (5.5). Therefore, we obtain that

$$\sup_{B_r} |u| \leq e^{C\sqrt{M}} \|u\|_{L^2(\omega_1)}^\alpha \sup_{B_{5r}} |u|^{1-\alpha}. \quad (5.17)$$

Recall that $u(x, y)$ is given in (5.26). The orthogonality of ϕ_k in $L^2(\tilde{\Omega})$ leads to

$$\int_{\tilde{\Omega} \times (-1, 1)} |u(x, y)|^2 dx dy \leq \exp(C(1 + \lambda^{1/2})) \int_{\tilde{\Omega}} |u(x, 0)|^2 dx, \quad (5.18)$$

Let $\bar{x} \in \Omega$ be such that

$$M_0 := |u(\bar{x}, 0)| = \sup_{\frac{1}{2}\tilde{\Omega} \times \{0\}} |u| = \sup_{\Omega} |\phi|,$$

and ω be the given measurable subset of positive measure in Ω . Then there exists a point $x_* \in \omega$ such that $|B_r(x_*, 0) \cap \omega| > c|\omega|$ for $\frac{1}{2}r_0 \leq r \leq r_0$ and some small c . Let $\omega_1 = B_r(x_*, 0) \cap \omega$. We apply (5.17) at $(x_*, 0)$ with $\frac{1}{2}r_0 \leq r \leq r_0$,

$$\begin{aligned} \|u\|_{L^\infty(B_{2r}(x_*, 0))} &\leq \exp(CM^{1/2}) \|\phi\|_{L^2(\omega_1)}^\alpha \|u\|_{L^\infty(B_{10r}(x_*, 0))}^{1-\alpha} \\ &\leq \exp(CM^{1/2}) \|\phi\|_{L^2(\omega)}^\alpha \|u\|_{L^2(\tilde{\Omega} \times (-1, 1))}^{1-\alpha} \\ &\leq \exp(C(\lambda^{1/2} + M^{1/2})) \|\phi\|_{L^2(\omega)}^\alpha \|u(\cdot, 0)\|_{L^2(\tilde{\Omega})}^{1-\alpha} \\ &\leq \exp(C(\lambda^{1/2} + M^{1/2})) \|\phi\|_{L^2(\omega)}^\alpha M_0^{1-\alpha}, \end{aligned} \quad (5.19)$$

where we have used the L^∞ regularity for the elliptic equation (5.5) in the second inequality, and (5.18) in the third inequality.

Now if we can show

$$M_0 \leq \exp(C(M^{1/2} + \lambda^{1/2})) \|u\|_{L^\infty(B_{2r}(x_*, 0))}, \quad (5.20)$$

then (5.19) implies

$$M_0 \leq \exp(C(\lambda^{1/2} + M^{1/2}))\|\phi\|_{L^2(\omega)}, \quad (5.21)$$

which leads to (5.3). Thus, it suffices to show (5.20). Indeed, this follows from the three-ball inequality and a standard argument.

In fact, as $V \geq 0$, by the proof of [8], Theorem 2.5, we have the following three-ball inequality: for any $z = (x, y) \in \tilde{\Omega} \times (-\frac{2}{3}, \frac{2}{3})$ and $r < r_0$, it holds that

$$\|u\|_{L^\infty(B_{2r}(z))} \leq \exp(CM^{1/2})\|u\|_{L^\infty(B_r(z))}^{1-\alpha_1}\|u\|_{L^\infty(B_{3r}(z))}^{\alpha_1}, \quad (5.22)$$

where $0 < \alpha_1 < 1$ and $r_0 > 0$ are some universal constants. Then for any z_1 with $|z_1 - z| \leq r$, we have $B_r(z_1) \subset B_{2r}(z)$ and hence by (5.22)

$$\|u\|_{L^\infty(B_r(z_1))} \leq \exp(CM^{1/2})\|u\|_{L^\infty(B_r(z))}^{1-\alpha_1}M_0^{\alpha_1}. \quad (5.23)$$

Let $x_0 = x_*, x_1, \dots, x_{m-1}, x_m = \bar{x}$ be a finite number of points such that $|x_{i+1} - x_i| < r \in (\frac{1}{2}r_0, r_0)$, where the number m depends only on $\tilde{\Omega}$ and r_0 . At each point $(x_i, 0)$, we apply the three-ball inequality (5.22) repeatedly with $z = (x_i, 0)$ and $z_1 = (x_{i+1}, 0)$ and obtain

$$\|u\|_{L^\infty(B_r(\bar{x}, 0))} \leq \exp(C_m(M^{1/2} + \lambda^{1/2}))\|u\|_{L^\infty(B_r(x_*, 0))}^{(1-\alpha_1)^m}M_0^{1-(1-\alpha_1)^m}. \quad (5.24)$$

By definition, the left-hand side of (5.24) is equal to M_0 . Hence, simplifying the last inequality, we obtain (5.20). The proof of (5.3) is complete for nonnegative potential $V(x)$.

Now we deal with the general case $V(x)$ that changes signs. The eigenvalues λ_k are discrete and approach infinity as $k \rightarrow \infty$. Notice that there may be finitely many of negative eigenvalues and the smallest eigenvalue λ_1 is larger than $-M$. We choose $\tilde{V}(x) = V(x) + M$. Then

$$-\partial_x^2 \phi_k + \tilde{V}(x)\phi_k = \tilde{\lambda}_k \phi_k, \quad (5.25)$$

where $\tilde{\lambda}_k = \lambda_k + M \geq 0$, $\tilde{V}(x) \geq 0$ and $\|\tilde{V}\|_{L^\infty} \leq 2M$. Let $\phi = \sum_{-M \leq \lambda_k \leq \lambda} \alpha_k \phi_k$ with $\alpha_k = (\phi_k, \phi)$. We construct

$$u(x, y) = \sum_{-M < \lambda_k \leq \lambda} \alpha_k \cosh(\sqrt{\tilde{\lambda}_k} y) \phi_k(x). \quad (5.26)$$

We still have $\frac{\partial u}{\partial y} = 0$ on $\{(x, y) \in \tilde{\Omega} \times \mathbb{R} | y = 0\}$, and

$$-\Delta u + \tilde{V}(x)u = 0 \quad \text{in } \tilde{\Omega} \times (-1, 1). \quad (5.27)$$

Thus, we can apply the results for the nonnegative potential in the previous calculations to (5.27). We have

$$\|\phi\|_{L^2(\Omega)} \leq e^{C((2M)^{1/2} + (\lambda + M)^{1/2})}\|\phi\|_{L^2(\omega)}. \quad (5.28)$$

Hence the spectral inequalities (5.3) is arrived for sign changing potential $V(x)$. Therefore, the lemma is completed. $\square$

Next we deduce the observability inequalities in Theorem 1.5 from the spectral inequalities (5.3) following the proof in [29], which in turn relies on the ideas in [30], interpolation inequalities (see, e.g., (5.34) below) and telescoping series method in [19]. Moreover, we explicitly show the dependence of the norm $\|V\|_\infty$ in the arguments.

Proof of Theorem 1.5. We first consider the case for nonnegative potential $V \geq 0$. Let $P^\lambda = I - P_\lambda$ and $\|V\|_\infty = M$. We introduce the semigroup $e^{t\tilde{\Delta}}$ generated by $\tilde{\Delta} = \Delta - V$, which can be defined as $e^{t\tilde{\Delta}}f = \sum a_i e^{-\lambda_i t} \phi_i(x)$ for any $f \in L^2(\Omega)$, where $a_i = (f, \phi_i)$. Note that

$$\|e^{t\tilde{\Delta}}f\|_{L^2(\Omega)}^2 = \sum_i |a_i|^2 e^{-2\lambda_i t}. \quad (5.29)$$

Let $t > s \geq 0$ and $\lambda > 0$. Thanks to (5.3), we have

$$\begin{aligned} \|e^{t\tilde{\Delta}}f\|_{L^2(\Omega)} &\leq \|e^{t\tilde{\Delta}}P_\lambda f\|_{L^2(\Omega)} + \|e^{t\tilde{\Delta}}P^\lambda f\|_{L^2(\Omega)} \\ &\leq C e^{C(M^{1/2} + \lambda^{1/2})} \|e^{t\tilde{\Delta}}P_\lambda f\|_{L^2(\omega)} + \|e^{t\tilde{\Delta}}P^\lambda f\|_{L^2(\Omega)} \\ &\leq C e^{C(M^{1/2} + \lambda^{1/2})} (\|e^{t\tilde{\Delta}}f\|_{L^2(\omega)} + \|e^{t\tilde{\Delta}}P^\lambda f\|_{L^2(\Omega)}) + \|e^{t\tilde{\Delta}}P^\lambda f\|_{L^2(\Omega)} \\ &\leq C_1 e^{C(M^{1/2} + \lambda^{1/2})} (\|e^{t\tilde{\Delta}}f\|_{L^2(\omega)} + \|e^{t\tilde{\Delta}}P^\lambda f\|_{L^2(\Omega)}) \\ &\leq C_1 e^{C(M^{1/2} + \lambda^{1/2})} (\|e^{t\tilde{\Delta}}f\|_{L^2(\omega)} + e^{-\lambda(t-s)} \|e^{s\tilde{\Delta}}P^\lambda f\|_{L^2(\Omega)}), \end{aligned} \quad (5.30)$$

where we used (5.29) in the last inequality. Let $\delta \in (0, 1)$, to be determined later. It is obvious that

$$\sup_{\lambda \geq 0} e^{C\sqrt{\lambda} - \delta\lambda(t-s)} = e^{\frac{C^2}{4\delta(t-s)}} = e^{\frac{K}{\delta(t-s)}} \quad (5.31)$$

for some fixed constant $K = C^2/4 > 0$. Then we have

$$\|e^{t\tilde{\Delta}}f\|_{L^2(\Omega)} \leq C_1 e^{CM^{1/2}} e^{\frac{K}{\delta(t-s)}} (e^{\delta\lambda(t-s)} \|e^{t\tilde{\Delta}}f\|_{L^2(\omega)} + e^{-(1-\delta)\lambda(t-s)} \|e^{s\tilde{\Delta}}f\|_{L^2(\Omega)}).$$

We minimize the right-hand side of the last inequality. Since

$$\|e^{t\tilde{\Delta}}f\|_{L^2(\omega)} \leq \|e^{t\tilde{\Delta}}f\|_{L^2(\Omega)} \leq e^{-\lambda_1(t-s)} \|e^{s\tilde{\Delta}}f\|_{L^2(\Omega)} \leq \|e^{s\tilde{\Delta}}f\|_{L^2(\Omega)}$$

as $\lambda_1 \geq 0$ and $t > s$, we can choose λ , which is some positive free parameter, such that

$$e^{\lambda(t-s)} = \frac{\|e^{s\tilde{\Delta}}f\|_{L^2(\Omega)}}{\|e^{t\tilde{\Delta}}f\|_{L^2(\omega)}}. \quad (5.32)$$

Then we have

$$\|e^{t\tilde{\Delta}}f\|_{L^2(\Omega)} \leq 2C_1 e^{CM^{1/2}} e^{\frac{K}{\delta(t-s)}} \|e^{t\tilde{\Delta}}f\|_{L^2(\omega)}^{1-\delta} \|e^{s\tilde{\Delta}}f\|_{L^2(\Omega)}^\delta. \quad (5.33)$$

We will consider $t \in (t_1, t_2)$ for any $t_1 < t_2$. Choosing $s = t_1$, we get from (2.4) with $V_- = 0$ that

$$\begin{aligned} \|e^{t_2\tilde{\Delta}}f\|_{L^2(\Omega)} &\leq \|e^{t\tilde{\Delta}}f\|_{L^2(\Omega)} \\ &\leq 2C_1 e^{CM^{1/2}} e^{\frac{K}{\delta(t-t_1)}} \|e^{t\tilde{\Delta}}f\|_{L^2(\omega)}^{1-\delta} \|e^{t_1\tilde{\Delta}}f\|_{L^2(\Omega)}^\delta. \end{aligned} \quad (5.34)$$

Let $\gamma = 2$, $t_1 = k_{m+1}$ and $t_2 = k_m$. From Lemma 5.1, we get that $|E \cap (t_1, t_2)| \geq \frac{t_2 - t_1}{3}$. Then it holds that

$$|E \cap (t_1 + \frac{t_2 - t_1}{4}, t_2)| \geq \frac{t_2 - t_1}{12}. \quad (5.35)$$

Integrating (5.34) over $t \in E \cap (t_1 + \frac{t_2 - t_1}{4}, t_2)$ and using the Hölder's inequality yield

$$\begin{aligned} & \|e^{t_2 \tilde{\Delta}} f\|_{L^2(\Omega)} \\ & \leq 2C_1 e^{CM^{1/2}} e^{\frac{4K}{\delta(t_2 - t_1)}} \left\{ \int_{t_1 + \frac{t_2 - t_1}{4}}^{t_2} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt \right\}^{1-\delta} \|e^{t_1 \tilde{\Delta}} f\|_{L^2(\Omega)}^\delta. \end{aligned} \quad (5.36)$$

Let a be some positive constant to be determined. By the Young's inequality $AB \leq (1 - \delta)A^{\frac{1}{1-\delta}} + \delta B^{\frac{1}{\delta}}$, we get

$$\begin{aligned} & e^{-\frac{a}{t_2 - t_1}} \|e^{t_2 \tilde{\Delta}} f\|_{L^2(\Omega)} \\ & \leq C_1 e^{CM^{1/2}} \left\{ \int_{t_1 + \frac{t_2 - t_1}{4}}^{t_2} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt \right\}^{1-\delta} e^{\frac{4K/\delta - a}{\delta(t_2 - t_1)}} \|e^{t_1 \tilde{\Delta}} f\|_{L^2(\Omega)}^\delta \\ & \leq C_1 (1 - \delta) e^{\frac{1}{1-\delta} CM^{1/2}} \left\{ \int_{t_1 + \frac{t_2 - t_1}{4}}^{t_2} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt \right\} \\ & \quad + \delta e^{\frac{4K/\delta - a}{\delta(t_2 - t_1)}} \|e^{t_1 \tilde{\Delta}} f\|_{L^2(\Omega)}. \end{aligned} \quad (5.37)$$

Now we choose the constants a and δ such that

$$\frac{a - 4K/\delta}{\delta} > 2a. \quad (5.38)$$

Hence, we have

$$\begin{aligned} e^{-\frac{a}{t_2 - t_1}} \|e^{t_2 \tilde{\Delta}} f\|_{L^2(\Omega)} & \leq C_1 e^{CM^{1/2}} \int_{t_1 + \frac{t_2 - t_1}{4}}^{t_2} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt \\ & \quad + e^{\frac{-2a}{\delta(t_2 - t_1)}} \|e^{t_1 \tilde{\Delta}} f\|_{L^2(\Omega)}. \end{aligned} \quad (5.39)$$

It follows that

$$\begin{aligned} & e^{-\frac{a}{t_2 - t_1}} \|e^{t_2 \tilde{\Delta}} f\|_{L^2(\Omega)} - e^{\frac{-2a}{\delta(t_2 - t_1)}} \|e^{t_1 \tilde{\Delta}} f\|_{L^2(\Omega)} \\ & \leq C_1 e^{CM^{1/2}} \int_{t_1 + \frac{t_2 - t_1}{4}}^{t_2} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt. \end{aligned} \quad (5.40)$$

Recall that we have chosen $\gamma = 2$, $t_1 = k_{m+1}$ and $t_2 = k_m$. Observe that in Lemma 5.1

$$\frac{1}{k_{m+1} - k_{m+2}} = \frac{2}{k_m - k_{m+1}}. \quad (5.41)$$

We have

$$e^{-\frac{a}{k_m - k_{m+1}}} \|e^{k_m \tilde{\Delta}} f\|_{L^2(\Omega)} - e^{\frac{-a}{k_{m+1} - k_{m+2}}} \|e^{k_{m+1} \tilde{\Delta}} f\|_{L^2(\Omega)} \leq C_1 e^{CM^{1/2}} \int_{k_{m+1}}^{k_m} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt. \quad (5.42)$$

Note that $e^{-\frac{a}{k_m - k_{m+1}}} \rightarrow 0$ as $m \rightarrow \infty$. Summing up the above telescopic series from $m = 1$ to ∞ gives that

$$e^{-\frac{a}{k_1 - k_2}} \|e^{k_1 \tilde{\Delta}} f\|_{L^2(\Omega)} \leq C_1 e^{CM^{1/2}} \int_k^{k_1} \mathbb{1}_E(t) \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt. \quad (5.43)$$

Therefore, by the fact that $k_1 - k_2$ is a positive constant depending on E , we have

$$\|e^{T \tilde{\Delta}} f\|_{L^2(\Omega)} \leq e^{C(E) + CM^{1/2}} \int_E \|e^{t \tilde{\Delta}} f\|_{L^2(\omega)} dt, \quad (5.44)$$

where we also used (2.4). Note that in the above inequality, C depends on ω and Ω , while $C(E)$ depends additionally on E . Let $f = y_0$ in (1.11). We arrive at

$$\|y(\cdot, T)\|_{L^2(\Omega)} \leq e^{C(E) + CM^{1/2}} \left(\int_E \int_{\omega} y^2 dx dt \right)^{\frac{1}{2}}. \quad (5.45)$$

Hence, we complete the proof of Case 1 in Theorem 1.5.

For the sign-changing potential $V(x)$ with $\|V\|_{\infty} = M$, we can reduce to the nonnegative potential in Case 1. Let $\hat{y}(x, t) = e^{-\|V_-\|_{\infty} t} y(x, t)$. Then $\hat{y}(x, t)$ satisfies

$$\hat{y}_t - \partial_{xx} \hat{y} + (\|V_-\|_{\infty} + V(x)) \hat{y} = 0. \quad (5.46)$$

Since $\|V_-\|_{\infty} + V(x) \geq 0$, from (5.45),

$$\|\hat{y}(\cdot, T)\|_{L^2(\Omega)} \leq e^{C(E) + CM^{1/2}} \left(\int_E \int_{\omega} \hat{y}^2 dx dt \right)^{\frac{1}{2}}. \quad (5.47)$$

The definition of $\hat{y}$ implies that

$$\|y(\cdot, T)\|_{L^2(\Omega)} \leq e^{C(E) + T\|V_-\|_{\infty} + CM^{1/2}} \left(\int_E \int_{\omega} y^2 dx dt \right)^{\frac{1}{2}}. \quad (5.48)$$

Hence, we complete the proof of Theorem 1.5. $\square$

Proof of Corollary 1.6. Following from the arguments in the proof of Theorem 1.5, we check the term $e^{-\frac{a}{k_1 - k_2}}$ in (5.43). If $E = (0, T)$, we set $k_{m+1} = 2^{-m}T$ and hence $k_1 - k_2 = \frac{1}{2}T$. Also recall that a in (5.43) is an absolute constant depending on Ω and ω . Thus, (1.13) follows. $\square$

ACKNOWLEDGMENTS

Jiuyi Zhu is partially supported by NSF DMS-2154506. Jinping Zhuge is partially supported by NNSF of China (No. 12494541, 12288201, 12471115).

DATA AVAILABILITY STATEMENT

The research data associated with this article are included in the article.

REFERENCES

- [1] E. Fernández-Cara and E. Zuazua, The cost of approximate controllability for heat equations: the linear case. *Adv. Differ. Equ.* **5** (2000) 465–514.

- [2] E. Fernández-Cara and E. Zuazua, Null and approximate controllability for weakly blowing up semilinear heat equations. *Ann. Inst. H. Poincaré C Anal. Non Linéaire* **17** (2000) 583–616.
- [3] L. Miller, Geometric bounds on the growth rate of null-controllability cost for the heat equation in small time. *J. Differ. Equ.* **204** (2004) 202–226.
- [4] T. Duyckaerts, X. Zhang and E. Zuazua, On the optimality of the observability inequalities for parabolic and hyperbolic systems with potentials. *Ann. Inst. H. Poincaré C Anal. Non Linéaire* **25** (2008) 1–41.
- [5] V.Z. Meshkov, On the possible rate of decrease at infinity of the solutions of second-order partial differential equations. *Mat. Sb.* **182** (1991) 364–383.
- [6] V.A. Kondratiev and E.M. Landis, Qualitative theory of second-order linear partial differential Equations, in *Partial Differential Equations, 3 (Russian)*, Itogi Nauki i Tekhniki. Akad. Nauk SSSR, Vsesoyuz. Inst. Nauchn. i Tekhn. Inform., Moscow (1988) 99–215, 220.
- [7] A. Logunov, E. Malinnikova, N. Nadirashvili and F. Nazarov, The landis conjecture on exponential decay. [arXiv:2007.07034](https://arxiv.org/abs/2007.07034) (2020).
- [8] C. Kenig, L. Silvestre and J.-N. Wang, On Landis’ conjecture in the plane. *Commun. Part. Differ. Equ.* **40** (2015) 766–789.
- [9] A.V. Fursikov and O.Y. Imanuvilov, Controllability of evolution equations. Vol. 34 of *Lecture Notes Series*. Seoul National University, Research Institute of Mathematics, Global Analysis Research Center, Seoul (1996).
- [10] H. Donnelly and C. Fefferman, Nodal sets of eigenfunctions on Riemannian manifolds. *Invent. Math.* **93** (1988) 161–183.
- [11] J. Zhu, Quantitative uniqueness of elliptic equations. *Amer. J. Math.* **138** (2016) 733–762.
- [12] J. Bourgain and C.E. Kenig, On localization in the continuous Anderson–Bernoulli model in higher dimension. *Invent. Math.* **161** (2005) 389–426.
- [13] J. Zhu, Quantitative uniqueness of solutions to parabolic equations. *J. Funct. Anal.* **275** (2018) 2373–2403.
- [14] G. Camliyurt and I. Kukavica, Quantitative unique continuation for a parabolic equation. *Indiana Univ. Math. J.* **67** (2018) 657–678.
- [15] J. Zhu and J. Zhuge, Spectral inequality for schrödinger equations with power growth potentials. [arXiv:2301.12338](https://arxiv.org/abs/2301.12338) (2023).
- [16] E. Zuazua, Controllability and observability of partial differential equations: some results and open problems, in *Handbook of Differential Equations: Evolutionary Equations*, Vol. III. Handb. Differ. Equ. Elsevier/North-Holland, Amsterdam (2007) 527–621.
- [17] E. Fernández-Cara and S. Guerrero, Global Carleman inequalities for parabolic systems and applications to controllability. *SIAM J. Control Optim.* **45** (2006) 1399–1446.
- [18] E. Zuazua, Exact controllability for semilinear wave equations in one space dimension. *Ann. Inst. H. Poincaré C Anal. Non Linéaire* **10** (1993) 109–129.
- [19] K.D. Phung and G. Wang, An observability estimate for parabolic equations from a measurable set in time and its applications. *J. Eur. Math. Soc.* **15** (2013) 681–703.
- [20] L.C. Evans, Partial differential equations. Vol. 19 of *Graduate Studies in Mathematics*, 2nd edn. American Mathematical Society, Providence, RI (2010).
- [21] J.-L. Lions, Exact controllability, stabilization and perturbations for distributed systems. *SIAM Rev.* **30** (1988) 1–68.
- [22] J.-M. Coron, Control and Nonlinearity, Vol. 136. American Mathematical Society (2007).
- [23] M. González-Burgos and R. Pérez-García, Controllability results for some nonlinear coupled parabolic systems by one control force. *Asymptot. Anal.* **46** (2006) 123–162.
- [24] E. Fernández-Cara, J. Limaco and S.B. de Menezes, Null controllability for a parabolic equation with nonlocal nonlinearities. *Syst. Control Lett.* **61** (2012) 107–111.
- [25] G.M. Lieberman, Second Order Parabolic Differential Equations. World Scientific Publishing Co., Inc., River Edge, NJ (1996).
- [26] E. Malinnikova, Propagation of smallness for solutions of generalized cauchy–riemann systems. *Proc. Edinburgh Math. Soc.* **47** (2004) 191–204.
- [27] Y. Zhu, Propagation of smallness for solutions of elliptic equations in the plane. *Math. Eng.* **7** (2025) 1–12.
- [28] B. Bojarski, Generalized Solutions of a System of Differential Equations of the First Order and Elliptic Type with Discontinuous Coefficients, Vol. 118. Citeseer (2009).

- [29] J. Apraiz, L. Escauriaza, G. Wang and C. Zhang, Observability inequalities and measurable sets. *J. Eur. Math. Soc.* **16** (2014).
- [30] L. Miller, A direct lebeau-robbiano strategy for the observability of heat-like semigroups. *Discrete Continuous Dyn. Syst. Ser. B* **14** (2010) 1465–1485.



Please help to maintain this journal in open access!

This journal is currently published in open access under the Subscribe to Open model (S2O). We are thankful to our subscribers and supporters for making it possible to publish this journal in open access in the current year, free of charge for authors and readers.

Check with your library that it subscribes to the journal, or consider making a personal donation to the S2O programme by contacting subscribers@edpsciences.org.

More information, including a list of supporters and financial transparency reports, is available at <https://edpsciences.org/en/subscribe-to-open-s2o>.

APPENDIX

In Appendix we provide two lemmas on the regularity estimates for heat equations with emphasis on how the constants depend on the potential V . Note that $\|V\|_Z = \|V\|_\infty + \|\nabla V\|_\infty + \|\partial_t V\|_\infty$.

Lemma A.1. *Let $y_0 \in C^{2+\alpha}(\overline{\Omega})$ with some $\alpha \in (0, 1)$ and $V \in Z$. Let y be the solution of (1.1). Then there exists some constant $C = C(\Omega, \alpha)$ depending only on Ω and α such that*

$$\|y\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\overline{Q}_T)} \leq C e^{(3+T)\|V\|_\infty} (1 + \|V\|_Z) \|y_0\|_{C^{2+\alpha}(\Omega)}. \quad (\text{A.1})$$

Proof. We apply a well-known bootstrap argument to get the higher order regularity with emphasis on how the constant depends on the potential V . First of all, the L^∞ bound can be shown simply by the maximal principle for the heat equation [25], Theorem 2.10, i.e.,

$$\|y\|_{L^\infty(0,T;L^\infty)} \leq e^{T\|V\|_\infty} \|y_0\|_{L^\infty(\Omega)}. \quad (\text{A.2})$$

Next, we apply the classical L^p estimate of heat equations to (1.1) to obtain the $W^{2,1;p}$ estimate, see e.g. [25]. If $T < 1$, we may extend the Lipschitz potential from Q_T to $\Omega \times (0, 1)$ such that the global $W^{2,1;p}$ estimate can be applied in $\Omega \times (0, 1)$. If $T > 1$, we apply the global $W^{2,1;p}$ estimate in $\Omega \times (0, 1)$ to get

$$\begin{aligned} \|y\|_{W^{2,1,p}(\Omega \times (0,1))} &\leq C(\|Vy\|_{L^\infty(\Omega \times (0,1))} + \|y_0\|_{C^2(\Omega)}) \\ &\leq C(1 + \|V\|_\infty) e^{\|V\|_\infty} \|y_0\|_{C^2(\Omega)}, \end{aligned} \quad (\text{A.3})$$

where we have used (A.2) in the second inequality. For $\Omega \times (t, t+1)$ with $t \geq 1$, we apply the interior $W^{2,1;p}$ estimate (local in time) to obtain

$$\begin{aligned} \|y\|_{W^{2,1,p}(\Omega \times (t,t+1))} &\leq C(\|Vy\|_{L^\infty(\Omega \times (t-1,t+1))} + \|y\|_{L^\infty(\Omega \times (t-1,t+1))}) \\ &\leq C(1 + \|V\|_\infty) e^{(t+1)\|V\|_\infty} \|y_0\|_{L^\infty(\Omega)}, \end{aligned} \quad (\text{A.4})$$

where we have used (A.2) again in the second inequality.

Now, we use the Sobolev embedding theorem to get

$$\|y\|_{C^{1+\beta, \frac{1+\beta}{2}}(\Omega \times (0,1))} \leq C \|y\|_{W^{2,1,p}(\Omega \times (0,1))}, \quad (\text{A.5})$$

and for any $t \geq 1$,

$$\|y\|_{C^{1+\beta, \frac{1+\beta}{2}}(\Omega \times (t, t+1))} \leq C \|y\|_{W^{2,1,p}(\Omega \times (t, t+1))}, \quad (\text{A.6})$$

where $p > n + 2$ and $0 < \beta = 1 - \frac{n+2}{p} < 1$.

Finally, we apply the $C^{2+\alpha, 1+\frac{\alpha}{2}}$ estimate in $\Omega \times (0, 1)$ and $\Omega \times (t, t+1/2)$ for each $t \geq 1$. For the former case, we have

$$\|y\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\Omega \times (0, 1))} \leq C(\|Vy\|_{C^{\alpha, \frac{\alpha}{2}}(\Omega \times (0, 1))} + \|y_0\|_{C^{2+\alpha}(\Omega)}). \quad (\text{A.7})$$

Using (A.2), (A.3) and (A.5), we have

$$\begin{aligned} \|Vy\|_{C^{\alpha, \frac{\alpha}{2}}(\Omega \times (0, 1))} &\leq \|V\|_{C^{\alpha, \frac{\alpha}{2}}(Q_T)} \|y\|_{L^\infty(\Omega \times (0, 1))} + \|V\|_{L^\infty(\Omega \times (0, 1))} \|y\|_{C^{\alpha, \frac{\alpha}{2}}(\Omega \times (0, 1))} \\ &\leq \|V\|_{C^{\alpha, \frac{\alpha}{2}}(Q_T)} e^{\|V\|_\infty} \|y_0\|_{L^\infty(\Omega)} + C \|V\|_\infty e^{2\|V\|_\infty} \|y_0\|_{C^2(\Omega)} \\ &\leq C \|V\|_Z e^{3\|V\|_\infty} \|y_0\|_{C^2(\Omega)}. \end{aligned}$$

Inserting this into (A.7), we obtain

$$\|y\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\Omega \times (0, 1))} \leq C(1 + \|V\|_Z) e^{3\|V\|_\infty} \|y_0\|_{C^{2+\alpha}(\Omega)}. \quad (\text{A.8})$$

For the latter case in $\Omega \times (t, t+1/2)$ with $t \geq 1$, it follows from a similar argument that

$$\|y\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\Omega \times (t, t+1/2))} \leq C(1 + \|V\|_Z) e^{(t+3)\|V\|_\infty} \|y_0\|_{L^\infty(\Omega)}. \quad (\text{A.9})$$

As a consequence, we glue these estimates to get the desired estimate (A.1). $\square$

By Proposition 4.1, there exists a control $\tilde{h} \in L^2(\omega_2 \times (0, T))$ such that the associated solution $\tilde{y}$ satisfies

$$\begin{cases} \tilde{y}_t - \Delta \tilde{y} + V(x, t) \tilde{y} = \tilde{h} \mathbf{1}_{\omega_2} & \text{in } \Omega \times (0, T), \\ \tilde{y} = 0 & \text{on } \partial\Omega \times (0, T), \\ \tilde{y}(\cdot, 0) = y_0 & \text{on } \Omega, \end{cases} \quad (\text{A.10})$$

and $y(\cdot, T) = 0$. In the proof of Theorem 1.4, we need the following lemma.

Lemma A.2. *Assume $\tilde{y}$ satisfies (A.10) and $\omega_2 \Subset \omega_3 \Subset \Omega$. Then there exists an open set $\mathcal{O} \subset \Omega$ such that $\partial\omega_3 \subset \mathcal{O}$ and*

$$\|\tilde{y}\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\mathcal{O} \times (0, T))} \leq C(1 + \|V\|_Z) e^{C(T+1)\|V\|_\infty} (\|y_0\|_{C^{2+\alpha}(\Omega)} + \|\tilde{h}\|_{L^2(Q_T)}). \quad (\text{A.11})$$

Proof. First of all, by the energy estimate, we have

$$\|\tilde{y}\|_{L^2(Q_t)} \leq C e^{Ct\|V\|_\infty} (\|y_0\|_{L^2(\Omega)} + \|\tilde{h}\|_{L^2(Q_t)}), \quad (\text{A.12})$$

for any $t \in (0, T]$. Let $x_0 \in \partial\omega_3$ and $r > 0$ such that $B_{2r}(x_0) \subset \Omega \setminus \omega_2$. Due to the compactness of $\partial\omega_3$, the radius $r > 0$ can be chosen universally independent of $x_0 \in \partial\omega_3$. Let $\tilde{Q}_r(x_0, t) = B_r(x_0) \times (t-r, t)$. Observe that if $t \geq 2r$, we have

$$\tilde{y}_t - \Delta \tilde{y} + V(x, t) \tilde{y} = 0, \quad \text{in } \tilde{Q}_{2r}(x_0, t). \quad (\text{A.13})$$

Thus we can get the $C^{2+\alpha, 1+\frac{\alpha}{2}}$ estimate in $\tilde{Q}_r(x_0, t)$ by the classical interior Schauder theory. To clarify how the constant depends on the potential V , we may apply a bootstrap argument as in the proof of Lemma A.1 to get

$$\begin{aligned} \|\tilde{y}\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(\tilde{Q}_r(x_0, t))} &\leq C(1 + \|V\|_Z) e^{C(t+1)\|V\|_\infty} \|\tilde{y}\|_{L^2(\tilde{Q}_{2r}(x_0, t))} \\ &\leq C(1 + \|V\|_Z) e^{C(t+1)\|V\|_\infty} (\|y_0\|_{L^2(\Omega)} + \|\tilde{h}\|_{L^2(Q_t)}). \end{aligned} \quad (\text{A.14})$$

The constant C possibly depends on the radius r , which is harmless since it has a uniform lower bound.

Similarly, near $t = 0$, we consider

$$\begin{cases} \tilde{y}_t - \Delta \tilde{y} + V(x, t)\tilde{y} = 0 & \text{in } B_{2r}(x_0) \times (0, 2r), \\ \tilde{y}(\cdot, 0) = y_0 & \text{on } B_{2r}(x_0). \end{cases} \quad (\text{A.15})$$

Then the interior Schauder estimate with smooth initial data yields

$$\begin{aligned} \|\tilde{y}\|_{C^{2+\alpha, 1+\frac{\alpha}{2}}(B_r(x_0) \times (0, 2r))} &\leq C(1 + \|V\|_Z) e^{C\|V\|_\infty} (\|y_0\|_{C^{2+\alpha}(B_{2r}(x_0))} + \|\tilde{y}\|_{L^2(B_{2r}(x_0) \times (0, 2r))}) \\ &\leq C(1 + \|V\|_Z) e^{C\|V\|_\infty} (\|y_0\|_{C^{2+\alpha}(\Omega)} + \|\tilde{h}\|_{L^2(Q_{2r})}). \end{aligned} \quad (\text{A.16})$$

Gluing the estimate (A.14) with all $t \in (2r, T)$ and $x_0 \in \partial\omega_3$ with (A.16), we get (A.11) with $\mathcal{O} = \cup_{x_0 \in \partial\omega_3} B_r(x_0)$. $\square$